

Non-Gaussian Fluctuations and Primordial Black Holes from Inflation

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We explore the role of non-Gaussian fluctuations in primordial black hole (PBH) formation and show that the standard Gaussian assumption, used in all PBH formation papers to date, is not justified. Since large spikes in power are usually associated with flat regions of the inflaton potential, quantum fluctuations become more important in the field dynamics, leading to mode-mode coupling and non-Gaussian statistics. Moreover, PBH production requires several sigma (rare) fluctuations in order to prevent premature matter dominance of the universe, so we are necessarily concerned with distribution tails, where any intrinsic skewness will be especially important. We quantify this argument by using the stochastic slow-roll equation and a relatively simple analytic method to obtain the final distribution of fluctuations. We work out several examples with toy models that produce PBH's, and test the results with numerical simulations. Our examples show that the naive Gaussian assumption can result in errors of many orders of magnitude. For models with spikes in power, our calculations give sharp cut-offs in the probability of large positive fluctuations, meaning that Gaussian distributions would vastly over-produce PBH's. The standard results that link inflation-produced power spectra and PBH number densities must then be reconsidered, since they rely quite heavily on the Gaussian assumption. We point out that since the probability distributions depend strongly on the nature of the potential, it is impossible to obtain results for general models. However, calculating the distribution of fluctuations for any specific model seems to be relatively straightforward, at least in the single inflaton case.

I. INTRODUCTION

Primordial black holes (PBH's) represent a link between quantum field theory and general relativity, both in their birth in inflation and their decay via Hawking radiation [1]. Beyond the exciting physics of their formation and evolution, PBH's have the status of a dark matter (DM) candidate. There is, in fact, renewed interest in this possibility, as Jedamzik [2] has recently investigated whether PBH formation during the QCD epoch could explain the existence of the $\sim 0.5M_\odot$ MACHO's indicated by recent observations [3]. Through the requirement that they not be over-produced, PBH's are also important as one of the few constraints on the inflationary Universe scenario [4–6]. Since these objects are an important potential link to the early universe, their formation should be examined in detail, especially if the standard Gaussian assumption about their formation may be producing errors of many orders in magnitude.

In order to determine the degree to which non-Gaussian fluctuations are important, we use a stochastic inflation calculation to investigate several PBH-producing toy models. We solve for the probability distributions both analytically and numerically, and show that the Gaussian assumption is significantly flawed. Specifically, for models associated with spikes in small-scale power, the Gaussian assumption over-estimates PBH production by many orders of magnitude. These results suggest that if some model of inflation is in danger of being ruled out due to overproduction of PBH's (*e.g.*, as considered by [5,6]), then looking closely for non-Gaussian behavior may serve to save the model, or at least alter the ranges of viable parameters.

We start with a heuristic discussion. Our intuition about non-Gaussian statistics for single inflaton models is fostered by the simple relation between the inflation-produced power spectrum and the field dynamics driving inflation. Using this relation, we are able to make general statements about the behavior of inflaton fluctuations in models which form PBH's, and see qualitatively why non-Gaussian statistics might be important. In order to make this point, we briefly review the standard inflation scenario, set our notation, and use these results to illustrate why non-Gaussianity seems likely in PBH formation.

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The inflationary Universe scenario [7] provides the seeds of structure formation by linking initial density perturbations to quantum fluctuations in one or more scalar fields. See [8] for a review. During inflation, the energy density of the Universe, ρ , becomes dominated by a scalar field potential, $V(\phi)$, and the scale factor R expands superluminally ($R \sim t^n, n > 1$). So length scales of fluctuations grow more quickly than the horizon, eventually passing out of causal contact, and only cross back inside the horizon after the inflation epoch has ended. In the chaotic scenario [9], the spatially homogeneous field, ϕ , is initially displaced from the minimum of its potential and rolls downward with its motion governed by the Klein-Gordon and Einstein equations

$$\ddot{\phi} + 3H(\phi)\dot{\phi} = -V'(\phi), \quad (1)$$

$$H^2 = \frac{8\pi}{3m_{pl}^2}\rho = \frac{8\pi}{3m_{pl}^2}(V(\phi) + \dot{\phi}^2/2), \quad (2)$$

where m_{pl} is the Planck mass and H is the Hubble parameter. In most instances, $H \approx \sqrt{\frac{8\pi}{3m_{pl}^2}}V(\phi)^{1/2}$ and the “slow-roll” conditions

$$\begin{aligned} |V''| &\lesssim 24\pi V/m_{pl}^2, \\ |V'| &\lesssim \sqrt{48\pi}V/m_{pl} \end{aligned}$$

apply. The evolution of ϕ is then friction dominated:

$$\dot{\phi} \simeq -\frac{V'}{3H}, \quad (3)$$

and the universe continues to inflate until either of the slow roll conditions breaks down at some value $\phi \equiv \phi_{end}$.

As the physical size of fluctuations grows and they cross outside the scale of the horizon during inflation, their amplitude is set by quantum fluctuations in ϕ . Since the energy density ρ is dominated by $V(\phi)$, we have $\delta\rho \sim V'\delta\phi \sim V'H$. After inflation ends $R \sim t^n, n < 1$ and perturbations begin to cross back inside the horizon. The rms magnitude of $\delta\rho/\rho$ when a scale re-enters the horizon, δ_H , is simply related to its properties as it left the horizon. Using the gauge-invariant variable $\xi \simeq \delta\rho/(\rho + p)$, we have ¹

$$\delta_H(L) = \left(\frac{\delta\rho}{\rho}\right)_{re-enter} \simeq \left(\frac{\delta\rho}{\rho + p}\right)_{re-enter} = \left(\frac{\delta\rho}{\rho + p}\right)_{out} = \frac{\delta\rho}{\dot{\phi}^2} \bigg|_{out} \approx \frac{V^{3/2}}{V'm_{pl}^3} \bigg|_{out} \quad (4)$$

where L is the co-moving scale of horizon crossing and the right hand side is evaluated when the fluctuation left the horizon at $\phi = \phi_{out}(L)$. When a fluctuation crosses outside the horizon it has physical size $H^{-1}(\phi_{out})$, so to find the co-moving size today, we must scale by the amount of expansion since that time: $L = [R_o/R(\phi_{out})]H^{-1}(\phi_{out})$. We find the relation between ϕ_{out} and the present-day length scale L by first determining the amount of expansion that occurred during the rest of inflation [$R(\phi_{end})/R(\phi_{out})$] and then using entropy conservation to determine the amount of expansion that took place up to now [$R_o/R(\phi_{end})$]. We know $\dot{R}/R = H(\phi) \Rightarrow d\ln R = H d\phi/\dot{\phi}$ during inflation, so the inflationary expansion was quasi-exponential:

$$L(\phi_{out}) = \left(\frac{R_o}{R_{end}}\right) \left(\frac{R_{end}}{R(\phi_{out})}\right) H^{-1}(\phi_{out}) = \frac{R_o}{R_{end}} \exp(N(\phi_{out})) H^{-1}(\phi_{out}) \quad (5)$$

where the number of “e-folds” between exiting the horizon and the end of inflation, $N(\phi_{out})$, is given by

$$N(\phi_{out}) = \int_{\phi_{out}}^{\phi_{end}} \frac{H(\phi)d\phi}{\dot{\phi}} \approx \frac{8\pi}{m_{pl}^2} \int_{\phi_{out}}^{\phi_{end}} \frac{V(\phi)d\phi}{V'(\phi)}. \quad (6)$$

For the expansion since the end of inflation, we will here assume a “quick re-heat” approximation and use $R_o/R_{end} \approx [3.17](T_{end}/T_o) \approx V(\phi_{end})^{1/4}/0.85K$, where the numerical term arises due to the effective number of relativistic species.

¹The expression for δ_H is correct up to factors of order unity which depend *e.g.* on whether there is radiation or matter domination when the scale re-enters the horizon.

The crucial point from the above discussion is that every region of the inflaton potential is mapped directly to some scale of the fluctuation spectrum using equations (4)–(6). For typical model parameters, $L \sim 1$ Mpc corresponds to $N(\phi) \approx 51$ and $L \sim 1$ pc corresponds to $N(\phi) \approx 37$. We invert such relations to determine $\phi(\text{pc}), \phi(\text{Mpc})$, etc.

Specific characteristics of the density spectrum over a range of wavelengths then allow us to make general statements about the behavior of the potential in some region of ϕ space. As we shall see in Sec. II, PBH production requires a specially-tuned fluctuation spectrum: the fluctuation amplitude on small scales must increase over its value on the COBE scale by a factor of $\sim 10^3$ in order to produce an appreciable fraction of PBH's. It is this that makes non-Gaussianity important in these models.

Hodges *et al.* [10] have examined the question of non-Gaussianity in some detail² and showed that non-Gaussianity is negligible in single-inflaton models with spectra meeting the large-scale structure requirement $\delta_H \sim 3 \times 10^{-5}$. However, models that produce PBH's must have density $\delta_H \gtrsim 0.01$ over some range of small-scale wavelengths [4,12]. In order to get a qualitative feel for why non-Gaussian fluctuations may be important in these models, consider a background perturbation expanded in terms of the usual creation and annihilation operators a_k^\dagger, a_k

$$\begin{aligned}\phi(x, t) &= \phi_{cl}(t) + \delta\phi(x, t) \\ \delta\phi(x, t) &= \frac{1}{(2\pi)^3} \int d^3k [a_k \delta\phi_k e^{ikx} + h.c.].\end{aligned}$$

Inserting the perturbed field into the free-field Klein-Gordon equation we obtain

$$\delta\ddot{\phi}_k - \frac{k^2}{R^2} \delta\phi_k + 3H\delta\dot{\phi}_k + V''\delta\phi_k = 0, \quad (7)$$

where we have expanded to first order in $\delta\phi$ and matched small terms. Gaussian statistics are preserved to first order since in the linear approximation all Fourier modes remain separate.

As $\delta\phi$ becomes larger, however, the linear approximation breaks down and terms of order $\delta\phi^2$ become important. Any non-linearity implies mode-mode coupling and introduces non-Gaussianity. So the possibility of a non-Gaussian distribution of fluctuations increases with $\delta\phi$. Moreover, PBH production *requires* fluctuations of several σ above $\delta_{rms} \equiv \delta_H$ in order to keep their production relatively rare (see Sec. II for a discussion). So we may expect non-Gaussian statistics to play a role in PBH production in inflation.

A much stronger effect becomes apparent if we examine the general nature of a potential $V(\phi)$ that produces PBH's. Since PBH production requires a large increase in power on small scales, expression (4) requires that $\dot{\phi}$ (or similarly V') become extremely small over some region of the potential. In these cases, writing down a decomposition like equation (7) makes no sense: every term is “small,” so matching terms of equivalent size does not simplify the equation. In other words, quantum fluctuations become important in the dynamics of ϕ . We must keep $\delta\phi$ linked to ϕ , and in the slow-roll approximation we have

$$\frac{d}{dt}(\phi + \delta\phi) = -\frac{V'(\phi + \delta\phi)}{3H(\phi + \delta\phi)}.$$

The evolution becomes extremely non-linear and non-Gaussian effects become important.

In what follows, we investigate the question of non-Gaussian statistics and PBH production in detail. In Sec. II we present the basics of PBH creation and the implications for the inflation-produced power spectrum. We review stochastic inflation in Sec. III and present the method of deriving probability distributions that we will use in our examples. In Sec. IV, we present three examples of inflationary scenarios which create PBH's in significant numbers, and solve for the distribution of fluctuations both analytically and numerically. We reserve Sec. V for conclusions and speculation.

II. PRIMORDIAL BLACK HOLES AND CONSTRAINTS ON INFLATION

A. Formation

A PBH forms when a collapsing over-dense region is large enough to overcome the opposing force of pressure and falls within its Schwarzschild radius [12]. We review the basics of this process for a radiation-dominated universe,

²For examinations of specific models using the stochastic inflation approach see *e.g.* [11].

where the sound speed is given by $c_s = c/\sqrt{3}$, and the pressure is $p = c_s^2 \rho = \rho/3$. Consider a spherically symmetric³ region with density $\tilde{\rho}$ greater than the background density ρ . The high-density region is governed by the positive curvature ($K > 0$) Friedmann equation

$$\tilde{H}^2(\tilde{t}) = \frac{8\pi}{3m_{pl}^2} \tilde{\rho}(\tilde{t}) - \frac{1}{\tilde{R}^2(\tilde{t})} \quad (8)$$

while the background space evolves as

$$H^2(t) = \frac{8\pi}{3m_{pl}^2} \rho_b(t). \quad (9)$$

Following the standard approach, choose initial coordinates $t = \tilde{t} = t_i$ such that the initial expansion rates in each region are equal $\tilde{H} = H = H_i$. Using (8) and (9) we see that the initial size of the perturbation δ_i in terms of $\tilde{R}(t_i) \equiv R_i$ is given by

$$\delta_i \equiv \frac{\tilde{\rho}_i - \rho_i}{\rho_i} = \frac{1}{H_i^2 R_i^2}. \quad (10)$$

Before the over-dense region breaks away from the expansion, $\tilde{R} \sim \tilde{t}^{1/2}$ [14], and we can estimate the time, t_c , when the perturbed region stops expanding ($\tilde{H}(t_c) = 0$):

$$t_c \simeq \delta_i^{-1} t_i \quad (11)$$

and the corresponding expansion factor at this time

$$\tilde{R}(t_c) = R_c \simeq \delta_i^{-1/2} R_i. \quad (12)$$

The perturbed region continues to contract only if it contains enough matter to overcome the pressure, $R_c \gtrsim R_{Jeans} = c_s t_c \sim \frac{1}{\sqrt{3}} t_c$. With this condition met, a black hole will inevitably form: we need not worry about vorticity or turbulence interfering with the formation process since the region will fall inside its Schwarzschild radius soon after turn-around ($R_S = 2GM \simeq 2G\rho_c R_c^3 \simeq R_c^3 t_c^{-2} \gtrsim \frac{1}{3} R_c$). The requirement for PBH formation is then

$$\frac{1}{\sqrt{3}} t_c \lesssim R_c \lesssim t_c \quad (13)$$

where the upper bound prevents the region of collapse from being larger than the horizon scale, leading to the formation of a separate universe [12]. Now, dividing (13) by t_c , we obtain a condition on $R_c/t_c \simeq R_i/t_i \simeq \delta_i^{1/2}$. This expression scales like a constant with time, so it is convenient to evaluate it at horizon crossing, $R = t$. We then have our final condition for perturbations at horizon crossing

$$\frac{1}{3} \lesssim \delta \lesssim 1. \quad (14)$$

Thus, given an initial fluctuation with δ satisfying (14) at horizon crossing, we expect to form a PBH with mass M corresponding roughly to the horizon mass at that time (numerical results agree [15]).

B. Probing the Power Spectrum

Although quite elegant in solving the problems of the standard big bang, inflation provides us only with a framework of ideas and not with any exact predictions for universal evolution. Depending on the scalar potential, number of fields, etc., inflation can produce a wide variety of fluctuation spectra *e.g.* [10,16–18] and even the possibility of a low Ω Universe [19]. Because of the freedom in inflationary models, any means of constraining a particular scenario

³Note that the spherical assumption is well justified [13] for many- σ “rare” fluctuations in a *Gaussian* random field. This result may actually be incorrect for non-Gaussian fluctuations and should be explored further.

becomes extremely important. The Cosmic Background Explorer (COBE) measurements and large-scale structure observations indicate $\delta_H \sim 3 \times 10^{-5}$ on large scales ($\sim 10^3$ Mpc). These results probe only a small region of the inflation potential $V(\phi)$ and serve mainly to fix the value of the inflaton's dimensionless coupling constant (e.g. for $V(\phi) = \lambda\phi^4$, we need $\lambda \sim 10^{-14}$). Over-production of PBH's limits the value of δ_H over many decades of "small" length scales (1Mpc – 10^{-10} pc) and avoidance of such over-production, coupled with the COBE data, provides a powerful constraint on inflation [20,4].

Limits on black hole production are usually quantified by the parameter β , defined to be the initial mass fraction of PBH's

$$\beta \equiv \frac{\rho_{BH}^*}{\rho_{TOT}^*} \approx \int_{\frac{1}{3}}^1 P(\delta) d\delta, \quad (15)$$

where (*) means we evaluate the ratio at the time of formation and the limits of integration are directly from (14). The probability distribution of density fluctuations, $P(\delta)$, is usually assumed to be Gaussian, with the power spectrum giving us $\sigma \equiv \delta_{rms} = \delta_H$ at any particular scale. For the rest of this section we will assume $P(\delta)$ is of Gaussian form

$$P(\delta) = \frac{1}{\sqrt{2\pi}\sigma} \exp\left(-\frac{\delta^2}{2\sigma^2}\right), \quad (16)$$

and use the results as a gauge for any alternate distributions we find.

There are two criteria for limiting the initial abundance of PBH's (see e.g. [4]). First, gravitational effects: the mass density of PBH's must not over-close the universe, $\Omega_{PBH} \equiv (\rho_{PBH}/\rho_{tot})|_{today} < 1$. And second, Hawking radiation from decaying PBH's must not disrupt any well-constrained physics (e.g. primordial nucleosynthesis). Since PBH's with $M \lesssim 10^{15}$ g will have decayed before today, gravitational effects for this mass range are non-existent. Similarly, larger mass PBH's have not had time to decay so Hawking radiation does not come into play. Thus, the physics of constraining PBH's is broken up into two mass regions:

1. Gravitational constraints: $M \gtrsim 10^{15}$ g
2. Hawking radiation constraints: $M \lesssim 10^{15}$ g

We discuss each in turn briefly.

Limits from Gravitation: $\Omega_{PBH} < 1$

We are interested in constraining the parameter β , the *initial* density fraction of PBH's, using our limit on the *current* fraction: $\Omega_{PBH} \lesssim 1$. We simply need to scale the density ratio with time. We consider PBH formation in the radiation dominated era, thus $\Omega_{PBH} \sim R$ until matter-radiation equality, after which the density fraction remains constant. If R^* is the epoch of formation we have

$$\beta \equiv \Omega_{PBH}^* = \left(\frac{R^*}{R_{eq}}\right) \Omega_{PBH} \lesssim 10^{-5} \left(\frac{t^*}{s}\right)^{1/2} \quad (17)$$

where the inequality demands $\Omega_{PBH} \lesssim 1$ and the time t^* corresponds to $R(t^*) = R^*$. Since the black holes formed are roughly on the scale of the horizon at the time of collapse, we can write (15) in terms of mass scale using the following expression for horizon mass

$$M_H \approx 10^5 \left(\frac{t}{s}\right) M_\odot \quad (18)$$

which yields

$$\beta \lesssim 10^{-17} \left[\frac{M}{10^{15}g}\right]^{1/2}. \quad (19)$$

The constraint becomes weaker for larger masses since higher mass PBH's form later and the density, ρ_{PBH} , has a shorter time to grow relative to the total density. We now use (15),(16) to map the β values to limits on δ_H . Note that since β is quite small, we depend very much on the tail of our assumed Gaussian distribution. For a 10^{15} g PBH we have $\beta \lesssim 10^{-17}$ and the limit becomes $\delta_H \lesssim 0.04$. Similarly, for $M \sim 1M_\odot$, $\delta_H \lesssim 0.06$.

Limits from Radiation

Hawking's theory of spontaneous black hole evaporation [1], [21] predicts that black holes should emit particles at a characteristic temperature $T_H \approx 10^{13}(M/g)^{-1}$ GeV, which becomes more important with decreasing black hole mass. The lifetime of decay is $\tau \approx 10^{-27}(M/g)^3$ s [22], and is similarly dependent on the black hole mass, with the evaporation speeding up as the mass dwindles. PBH's of different initial masses evaporate at different times and their particle emission must not disrupt any well-understood physics associated with the time of their decay. We summarize a few constraints below. For more complete reviews see [20,4,23].

- $M \sim 10^{14} - 10^{15}$ g: Black holes in this mass range evaporate after recombination and must not produce a γ -ray density greater than the cosmic background [24]. The constraint here is quite strong: PBH's could have at most 10^{-8} of the critical density today. We then have $\beta \lesssim 10^{-25}$ which corresponds to $\delta_H \lesssim 0.03$. We emphasize that since PBH production needs $\delta \sim 1/3$, formation in this mass range corresponds to a 10σ effect assuming a Gaussian distribution of fluctuations.
- $M \sim 10^{11} - 10^{13}$ g: For these masses, evaporation occurs before recombination but the emitted radiation does not attain equilibrium due to the small value of the baryon to photon ratio. This effect will distort the background spectrum unless $\beta \lesssim 10^{-18}(\frac{M}{10^{11}g})$ [25]. For a typical mass, the result implies $\delta_H \lesssim 0.04$, and a Gaussian 8σ fluctuation is required for PBH formation.
- $M > 10^{10}$ g: This mass range marks the possibility of affecting big bang nucleosynthesis. For example, emitted photons from the evaporation must not photodissociate D . This limit gives [26]: $\beta \lesssim 10^{-21}(\frac{M}{10^{10}g})^{1/2}$ and corresponds to $\delta_H \lesssim 0.03$ for $M \sim 10^{10}$ g. PBH production again corresponds to a 10σ Gaussian fluctuation.

From the above discussions we see that PBH over-production provides limits on the initial spectrum of perturbations on mass scales small compared to the horizon mass $\sim 10^{55}$ g. We want to translate the above limits as a function of mass to limits as a function of co-moving length scale L . For lengths that cross inside the horizon before matter-radiation equality ($L \lesssim 13h^{-1}$ Mpc) the time of horizon crossing is

$$t_H \simeq 3 \times 10^8 (L/\text{Mpc})^2 \text{s} \quad (20)$$

Together with (18) we have the following relation

$$M_H \sim 30 \left(\frac{L}{\text{pc}} \right)^2 M_\odot \quad (21)$$

with $1M_\odot$ corresponding to $L \sim 0.2$ pc and 10^{15} g corresponding to $L \sim 2 \times 10^{-10}$ pc.

Since COBE fixes $\delta_H \sim 3 \times 10^{-5}$ on large scales, PBH constraints serve to limit the power spectrum from having a spike in power at some small length scale, or from having an excessively steep blue spectrum. Since δ_H must be $\gtrsim 0.01$ in order for PBH formation to be important, we are concerned with factors of $\sim 10^3$ enhancement of the spectrum at small scales. We point out again that such a power spectrum is inherently associated with potentials that can make our Gaussian assumption invalid. This non-Gaussian tendency coupled with the fact that we are concerned with many- σ tails of the distribution (where even a small degree of skewness could drastically alter the results) suggests that any Gaussian analysis like the one above provides only a naive guess for the number of PBH's produced. We must understand something about the true fluctuation statistics before making any assumptions about the nature of the probability distribution far from the mean.

III. STOCHASTIC INFLATION

The stochastic analysis of inflation [27] provides an excellent method for obtaining statistics of scalar field fluctuations. In the stochastic approach, one divides the scalar field driving inflation, ϕ , into a long wavelength piece, ϕ_l , and a short wavelength piece, ϕ_s

$$\phi(x, t) = \phi_l(x, t) + \phi_s(x, t) \quad (22)$$

where

$$\begin{aligned} \phi_l(x, t) &= \int d^3k \theta(\epsilon R(t)H - k) [a_k \varphi_k(t) e^{(-ik \cdot x)} + h.c.] \\ \phi_s(x, t) &= \int d^3k \theta(k - \epsilon R(t)H) [a_k \varphi_k(t) e^{(-ik \cdot x)} + h.c.] \end{aligned} \quad (23)$$

and $\epsilon < 1$. The long wavelength piece contains only modes outside of the horizon: it is coarse-grained over the horizon scale and will eventually be interpreted as the “classical” inflaton. The short wavelength piece includes only modes inside the horizon, where quantum fluctuations are important.

The goal is to determine how the sub-horizon quantum fluctuations affect the evolution of the coarse-grained field. We now briefly sketch the derivation of the stochastic slow-roll equation. (For a more complete review see [28] and references therein.) First, insert the decomposition (22) into the Klein-Gordon equation, and write the result in the form

$$\dot{\phi}_l + \frac{1}{3H} V'(\phi_l) = f(\phi_s; x, t), \quad (24)$$

where

$$f(\phi_s; x, t) = \frac{-1}{3H} \left[\ddot{\phi}_s + 3H\dot{\phi}_s - R^{-2}(t) \nabla^2 \phi_s \right].$$

As in the standard case (3), we have used the slow-roll approximation on ϕ_l and have neglected the spatial derivative since this piece is homogeneous over the horizon scale. The ϕ_s piece has its dynamics dominated by the spatial derivative and any effects of the potential are negligible. The high frequency modes are then approximated by those of a free massless field, $\varphi_k^*(t)$, governed by the wave equation

$$\left(\frac{\partial^2}{\partial t^2} + 3H\frac{\partial}{\partial t} + k^2 e^{-2Ht} \right) \varphi_k^*(t) = 0, \quad (25)$$

where we make the quasi-deSitter assumption: $H \approx \text{constant}$ and $R(t) \sim \exp(HT)$. The solution to the free field equation is known

$$\begin{aligned} \varphi_k^*(t) &= \frac{H}{\sqrt{2k}} (\eta - i/k) \exp(-ik\eta) \\ \eta &= \int \frac{dt}{R(t)} \approx \frac{e^{-Ht}}{H}, \end{aligned} \quad (26)$$

so we have an explicit expression for ϕ_s by letting $\varphi_k(t) = \varphi_k^*(t)$ in (23). Inserting the expression for ϕ_s into (25) we have

$$\begin{aligned} f(x, t) &= \frac{-1}{3H} \left[\frac{\partial^2}{\partial t^2} + 3H\frac{\partial}{\partial t} + e^{-2Ht} \nabla^2 \right] \int d^3 k \theta(k - \epsilon R(t) H) [a_k \varphi_k^*(t) e^{(-ik \cdot x)} + h.c.] \\ &= \frac{i\epsilon R(t) H^2}{\sqrt{2}(2\pi k)^{3/2}} \int d^3 k \delta(k - \epsilon R(t) H) [a_k e^{-ik \cdot x} - h.c.] \end{aligned} \quad (27)$$

and equation (24) is now complete. The field ϕ_l is smoothed over the horizon scale and we are concerned with the dynamics at a single spatial point. Let $\phi_l(x, t) \rightarrow \phi_l(t) \rightarrow \phi(t)$ and interpret this piece as a classical field which is acted on by the stochastic force $f(x, t) \rightarrow f(t)$. The field ϕ is affected not only by V' , as in the standard slow-roll approach, but also by the flow of initially small-scale quantum fluctuations across the horizon. If we calculate the expectation value and two-point function of $f(t)$ and interpret them classically we obtain

$$\begin{aligned} \langle f(t) \rangle &= 0, \\ \langle f(t) f(t') \rangle &= \frac{H^3}{4\pi^2} \delta(t - t'), \end{aligned} \quad (28)$$

and (24) becomes a Langevin equation for ϕ . Regrouping terms and slightly changing notation, the final stochastic slow-roll equation is

$$\dot{\phi} = -\frac{1}{3H(\phi)} V'(\phi) + \frac{H^{3/2}}{2\pi} g(t) \quad (29)$$

where $g(t)$ has the properties of Gaussian white noise,

$$\begin{aligned} \langle g(t) \rangle &= 0, \\ \langle g(t) g(t') \rangle &= \delta(t - t'). \end{aligned} \quad (30)$$

We have standard slow-roll evolution with an additional stochastic term which represents the effect of quantum fluctuations on the dynamics.

We will use the stochastic equation (29) to determine the probability distribution of fluctuations, $P(\phi, t)$, for models of interest, and then measure the degree to which non-Gaussian statistics are important. The Fokker-Planck equation associated with $P(\phi, t)$ and (29) is well known [29]

$$\partial_t P(\phi, t) = \frac{1}{3} \partial_\phi \left[\frac{V'(\phi)}{3H(\phi)} P(\phi, t) \right] + \frac{1}{8\pi^2} \partial_\phi \left[H^{3/2}(\phi) \partial_\phi \left(H^{3/2}(\phi) P(\phi, t) \right) \right], \quad (31)$$

with the Stratonovich interpretation of the noise.

Several authors have employed the stochastic Langevin equation and corresponding Fokker-Planck equation to explore the importance of non-Gaussian fluctuations for large-scale structure [30,28,11]. We use a similar approach but on the much smaller scales relevant for PBH formation. We also choose to work with the more intuitive Langevin equation (29) when determining our solutions rather than the more complicated Fokker-Planck mathematics of (31). Next we present several examples which illustrate our method of solution and provide a feel for how non-Gaussian statistics arise from non-linear inflaton dynamics.

• de Sitter: The Gaussian Case

For our template example we examine the case of constant vacuum energy, where there is no possibility of mode-mode coupling and the statistics should be exactly Gaussian. To show this point clearly, start with equation (29). We have $H(\phi) = H = \text{constant}$ and $V'(\phi) = 0$, so the evolution is simple diffusion

$$\dot{\phi} = \frac{H^{3/2}}{2\pi} g(t). \quad (32)$$

The normal statistical behavior becomes apparent after integrating:

$$\phi(t) = \phi_o + \frac{H^{3/2}}{2\pi} \int_{t_o}^t g(t') dt'. \quad (33)$$

Since $\int_{t_o}^t g(t') dt'$ is Gaussian distributed as a noise source, the resulting probability distribution for ϕ must be Gaussian as well. From (33) we have

$$\begin{aligned} \langle \phi(t) - \phi_o \rangle &= 0, \\ \langle |\phi(t) - \phi_o|^2 \rangle &= \frac{H^3}{4\pi^2} \int_{t_o}^t \int_{t_o}^t \delta(t'' - t') dt'' dt' \\ &= \frac{H^3}{4\pi^2} (t - t_o), \end{aligned} \quad (34)$$

and the probability distribution

$$\begin{aligned} P(\phi, t) &\propto \exp \left[-\frac{(\phi(t) - \phi_o)^2}{2\sigma^2} \right]; \\ \sigma^2 &\equiv \langle |\phi(t) - \phi_o|^2 \rangle = \frac{H^3}{4\pi} (t - t_o). \end{aligned} \quad (35)$$

Over a Hubble time ($t - t_o = H^{-1}$), $\sigma = H/2\pi$: the standard result from quantum field theory.

Non-Gaussian distributions arise when the evolution is non-linear, or when the inflation is not strictly de Sitter. One gains insight into the statistics of more complicated examples by comparing them to the simple de Sitter case. Our goal when finding distributions for our examples will be to put the stochastic equation into the form of (32) so that we may simply write down the answer using (35). We illustrate this technique in the examples that follow, and use the notation:

$$x \equiv \phi/m_{pl}; \quad t \rightarrow t/m_{pl}$$

in order to keep the variables dimensionless.

• Non-linear Diffusion: Driftless ϕ^4

Mode-mode coupling arises when either the V' “drift” term or the diffusion term in (29) is non-linear in ϕ . In order to develop some intuition for how each of these effects generates non-Gaussian statistics, consider first an example with non-linear diffusion when the drift component is ignored ($V' \rightarrow 0$). For concreteness let

$$V = \frac{\lambda}{4} m_{pl}^4 x^4 \quad (36)$$

with $H = m_{pl} \sqrt{\frac{2\pi\lambda}{3}} x^2$. If we ignore the drift term in (29) our stochastic equation is

$$\dot{x} = Cx^3 g(t), \quad (37)$$

where $C = \lambda^{3/4} [54\pi]^{-1/4}$. The trick now is to change variables, $x \rightarrow Z(x)$, such that $Z(x)$ will satisfy the simple diffusion equation (32). We want:

$$\dot{Z} = \frac{dZ}{dx} \dot{x} = \frac{dZ}{dx} [Cx^3 g(t)] = [constant] g(t), \quad (38)$$

where we have used (37) in the second step. Clearly if we let

$$Z = \frac{1}{2} x^{-2} \quad (39)$$

then we are left with an equation of constant diffusion

$$\dot{Z} = C g(t). \quad (40)$$

Now we write down the answer in correspondence with (35)

$$P(Z, t) \propto \exp \left[-\frac{(Z - Z_o)^2}{2C^2 t} \right]. \quad (41)$$

Finally, changing back to x yields the probability distribution of interest:

$$P(x, t) = \left| \frac{\partial Z}{\partial x} \right| P(Z(x), t) \propto x^{-3} \exp \left[-\frac{(x^{-2} - x_o^{-2})^2}{8C^2 t} \right]. \quad (42)$$

The statistics here are clearly non-Gaussian, but is the deviation significant? The answer depends on the value of $C^2 t$ which is, in an approximate sense, the effective width of the distribution, σ_{eff} . Expression (42) is plotted in Fig. 1 for $C^2 t = 1$ and $x_0 = 1$ with arbitrary normalization. We see that $P(x)$ has a long tail of large fluctuations, and clearly is far from Gaussian. For small values of σ_{eff} , the deviation of x from x_o will not be significant and the distribution will recover a Gaussian shape. We will discuss this behavior in detail following the next example.

• Non-linear Diffusion: Full ϕ^4 Theory

Now let us go one step further and include the diffusion term for the potential (36). We have $V' = \lambda m_{pl}^3 x^3$ and the stochastic equation (29) becomes

$$\dot{x} = -C_1 x + C_2 x^3 g(t). \quad (43)$$

where $C_1 = \sqrt{\frac{\lambda}{6\pi}}$ and $C_2 = \lambda^{3/4} [54\pi]^{-1/4}$. The drift term in this case is linear and does not lead to mode-mode coupling. The probability distribution of fluctuations will then look very much like that of the driftless case (42), except that the peak will shift to smaller x values as the field rolls down the hill, and the spread in the distribution with time will no longer be linear.

As before, we obtain the solution through a change in variables: $x(t) \rightarrow Z(x, t)$. In this case we would like to first remove the drift term by effectively going to a frame moving with the mean “classical” velocity (thus, the explicit time dependence in Z). By the classical velocity we mean the solution to (43) when the quantum fluctuating is term left out:

$$\dot{x} = -C_1 x, \quad (44)$$

which is simply

$$x_{cl}(t) = x_o \exp(-C_1 t). \quad (45)$$

We would like our new variable to be constant as long as $x(t)$ follows this classical path, so we let

$$Z(x, t) = x \exp(C_1 t) = \left(\frac{x}{x_{cl}(t)} \right) x_o. \quad (46)$$

We have chosen $Z(x = x_{cl}(t), t) = x_o$. Now Z has time derivative

$$\dot{Z} = \dot{x} \exp(C_1 t) + C_1 x \exp(C_1 t), \quad (47)$$

and using (43) for \dot{x} we have a stochastic equation for Z

$$\dot{Z} = C_2 x^3 \exp(C_1 t) g(t) = C_2 Z^3 \exp(-2C_1 t) g(t). \quad (48)$$

Now our equation is much like (37) except for the extra time-dependent factor. We can, however, scale this factor out using a change in time variable: $t \rightarrow \tau(t)$. If we remember that $g^2(t) \sim \delta(t)$ then we have

$$\frac{\partial Z}{\partial \tau} = C_2 Z^3 \exp(-2C_1) \left[\frac{dt}{d\tau} \right]^{-1/2} g(\tau). \quad (49)$$

In order to match (37) we need $d\tau/dt = \exp(-4C_1 t)$, and requiring $\tau(t=0) = 0$ gives

$$\tau(t) = \frac{1}{4C_1} [1 - \exp(-4C_1 t)] = \frac{1}{4C_1} [1 - (x_{cl}(t)/x_o)^4]. \quad (50)$$

We now have⁴

$$\dot{Z} = C_2 Z^3 g(\tau) \quad (51)$$

just as in (37), and we simply use the solution (42) to give us the probability distribution for Z

$$P(Z, \tau) \propto Z^{-3} \exp \left[-\frac{(Z^{-2} - Z_o^{-2})^2}{8C_2^2 \tau} \right]. \quad (52)$$

We transform back to x and t and obtain the standard result for ϕ^4 theory [28]

$$P(x, t) \propto x^{-3} \exp \left[-\frac{(x^{-2} - x_{cl}(t)^{-2})^2}{2 \left(\frac{C_2^2}{C_1} \right) [(x_o/x_{cl}(t))^4 - 1]} \right]. \quad (53)$$

So, as expected, the distribution has the same non-Gaussian form as did (42). In truth, however, most practical cases (*i.e.* those concerning large scale structure) find this distribution quite well approximated by a Gaussian due to its extremely small standard deviation, $\sigma \propto \sqrt{\lambda}$.

To put in some numbers, let us assume we are interested in the statistics of fluctuations associated with large-scales, say the modes that cross outside of the horizon during the epoch $x_o \sim 4$. We need to evaluate (53) at $x_{cl}(t) = x_{end} \sim 0.4$ in order to find the distribution of interest. Since for this model $\lambda \sim 10^{-14}$, let us assume that the standard size of a fluctuation about x_{end} in the final distribution is quite small: $x = x_{end} + \epsilon$ (where ϵ/x_o is assumed $\ll 1$). In (53) we have

$$x^{-2} \simeq x_{end}^{-2} - 2\epsilon/x_{end}^3 \quad (54)$$

and

$$P(\epsilon) \propto \exp \left(\frac{-\epsilon^2}{2\sigma_{eff}^2} \right), \quad (55)$$

⁴From now on, the over-dot will signify the derivative with respect to the argument of the stochastic function g .

which is Gaussian as expected with an effective standard deviation

$$\sigma_{eff}^2 = \frac{x_{end}^6 C_2^2}{2C_1} \left[(x_o/x_{end})^4 - 1 \right] = \frac{\lambda}{12} \left[(x_o/x_{end})^4 - 1 \right] x_{end}^6. \quad (56)$$

Plugging in the numbers we have $\sigma_{eff} \sim 2 \times 10^{-7}$. So our approximation $\epsilon/x_{end} \ll 1$ is clearly self-consistent, and the Gaussian assumption is a very good one in this typical case.

The small value of σ_{eff} is responsible for the near Gaussian statistics, but the more the mean size of fluctuations increases ($\sigma_{eff} \uparrow$), the more (54) fails and the Gaussian approximation (55) breaks down. In this way we can understand why a flat potential region gives rise to non-Gaussianity. Let us use C_1 as a crude measure of the importance of the drift term ($\sim V'$) in the dynamics (43). Notice that as the drift term gets smaller ($C_1 \downarrow$), the effective width of the distribution (56) grows, and with it the likelihood of non-Gaussian statistics. Notice also that as we consider fluctuations farther and farther from the mean, approximation (54) will get worse and worse. The number of standard deviations one must be from the mean in order for non-Gaussian statistics to be important is very sensitive to the value of λ . However, we can at least see the qualitative effect that large fluctuations have on highlighting any intrinsic non-Gaussianity.

• Non-linear Drift

Finally we examine the case of non-linear drift as a source of non-Gaussian behavior. Consider the potential

$$V = \lambda m_{pl}^4 (1 + ax^3) \quad (57)$$

over a region where $|x| \ll (1/a)^{1/3}$. The potential is roughly constant over this region ($V \approx \lambda m_{pl}^4$) so the only non-linearity comes from $V' = 3\lambda m_{pl}^3 a x^2$.

The stochastic equation in dimensionless variables is then

$$\dot{x} \approx -C_1 x^2 + C_2 g(t), \quad (58)$$

where $C_1 = a\sqrt{3\lambda/8\pi}$, and $C_2 = \lambda^{3/4} (32/27\pi)^{1/4}$. Since the diffusion term is now constant, any non-Gaussian statistics will arise due to the x^2 drift term in (58). As before, we solve for the probability distribution by making a change in variables, $x(t) \rightarrow Z(x, t)$. We want to remove the drift term by changing to a frame moving with the classical velocity and canceling out the drift in (58). The classical solution to the standard slow-roll equation of motion

$$\dot{x} = -C_1 x^2 \quad (59)$$

is trivial

$$x_{cl}(t) = (C_1 t + x_o^{-1})^{-1}, \quad (60)$$

where $x_o = x_{cl}(t=0)$. Let us pick $x_o = -1$ for concreteness. Our new variable, $Z(x, t)$, should be fixed as long as $x(t)$ travels along its classical path: $\frac{d}{dt}Z(x_{cl}, t) = 0$. We achieve this goal by letting

$$Z(x, t) = (x^{-1} - C_1 t)^{-1}, \quad (61)$$

where we have picked $Z(x_{cl}(t), t) = x_o$. Differentiating with respect to t and using (58) we obtain a driftless stochastic equation for our new variable

$$\dot{Z} = \frac{Z^2}{x^2} C_2 g(t). \quad (62)$$

At this point let us simplify the problem by approximating Z and x with their mean classical values: $x \rightarrow x_{cl}(t)$ and $Z \rightarrow Z(x_{cl}(t), t) = x_o = -1$. We have

$$\dot{Z} = (C_1 t + 1)^2 C_2 g(t) \quad (63)$$

which is beginning to look a lot like simple diffusion. Clearly $Z(x, t)$ will be Gaussian distributed, but $\sigma(t)$ will be more complicated than in (35) due to the explicit t -dependence in the diffusion coefficient. To find the correct form of $\sigma(t)$ let us change time variables $t \rightarrow \tau$ such that the time dependent diffusion will be scaled away. Remembering that $g^2(t) \sim \delta(t)$ we have

$$\frac{\partial Z}{\partial \tau} = [C_1 t - 1]^2 C_2 \left[\frac{d\tau}{dt} \right]^{-1/2} g(\tau). \quad (64)$$

So we need $d\tau/dt = (C_1 t - 1)^4$, or

$$\tau = \frac{1}{5C_1} [1 + (C_1 t - 1)^5]. \quad (65)$$

Then our final stochastic equation for $Z(\tau)$ mirrors (32)

$$\frac{\partial Z}{\partial \tau} = C_2 g(\tau), \quad (66)$$

and corresponds to the probability distribution (35):

$$P(Z, \tau) \propto \exp \left(-\frac{(Z + 1)^2}{2\sigma(\tau)^2} \right); \sigma(\tau)^2 = C_2^2 \tau. \quad (67)$$

We obtain the distribution of interest, $P(x, t)$, by simply changing back to the appropriate variables $Z \rightarrow x$, $\tau \rightarrow t$. We have

$$P(x, t) \propto \left| \frac{\partial Z}{\partial x} \right| \exp \left(-\frac{[(x^{-1} - C_1 t)^{-1} + 1]^2}{2C_2^2 \tau(t)} \right). \quad (68)$$

Note that the non-Gaussian behavior is evident not only in the non-linear x -dependence of Z , but also in the non-linear time evolution of $\tau(t)$. If we evaluate the distribution at a particular time, say that corresponding to $x_{cl} = -2$, we will have a peak in probability near this value. From (44) we need $t = (2C_1)^{-1}$, which corresponds to $\tau \approx (5C_1)^{-1}$ from (65), so (68) becomes

$$P(x) \propto \frac{1}{x^2} \exp \left[-\frac{([x^{-1} - 0.5]^{-1} + 1)^2}{2\sigma^2} \right], \quad (69)$$

where $\sigma^2 \approx C_2^2/5C_1$.

We plot (69) for $\sigma^2 = 0.02$ in Fig. 2. The non-Gaussian behavior is clear. There is a long tail in this distribution for small fluctuations and a sharp cutoff for large fluctuations — in opposition to the previous example. The non-linear drift tends to encourage fluctuations to fall down the hill (since $V'' < 0$ the slope gets steeper for smaller values of x) resulting in an under-abundance of large fluctuations compared to the Gaussian.

IV. TOY MODELS

In this section we present three example potentials which meet the small-scale power requirement for PBH production ($\delta_H \gtrsim 0.01$) as discussed in Sec. II. For each example we apply the methods developed in Sec. III to determine the probability distribution of fluctuations and compare this distribution to the usual Gaussian assumption. Each example is realistic in the sense that it forces the power on large scales to be small ($\delta_H \sim 3 \times 10^{-5}$) while giving us the sufficient small-scale power needed. The additional constraint on the inflaton potential is associated with the over-production of gravitons and limits the scale of inflation: $H/m_{pl} \lesssim 10^{-5}$ during the epoch associated with the horizon scale today ($\phi(10^4 \text{ Mpc})$) [31]. The first two models below are actually on the hairy edge of this constraint, but recall that we are not trying to construct “true” models here, we are simply interested in the non-Gaussianity associated with PBH production. Since the non-Gaussian statistics in these models derives from the *shape* of the potential, slightly altering the scale of inflation will not drastically affect the result. The gravitational wave constraint on our third toy model is a different story and we will discuss the reason when we come to it.

We emphasize that these toy potentials are meant only to illustrate the importance of non-Gaussianity in PBH producing models. The correct distribution for any “realistic” model will depend on the nature of the potential. The idea is that the following examples will be tools of pedagogy, enabling the reader to easily perform calculations of PBH abundances without relying on an incorrect Gaussian assumption. Before we begin, let us restate

$$x \equiv \phi/m_{pl}, \quad t \rightarrow t/m_{pl},$$

and introduce some notation

$$V = \lambda m_{pl}^4 \tilde{V}, \quad H = \sqrt{\lambda} m_{pl} / \tilde{H}.$$

The symbols \tilde{V} and \tilde{H} are dimensionless quantities of order unity which will be useful in keeping track of small parameters.

A. Plateau Potential

Consider the potential, shown in Fig. 3, which in some region of interest ($x \sim 0$) has a flat “plateau” feature ⁵

$$\tilde{V} = \begin{cases} 1 + \arctan(x) & x > 0 \\ 1 + (4 \times 10^{33})x^{21} & x < 0. \end{cases} \quad (70)$$

We have designed this somewhat outrageous potential to produce a spike in small-scale power using the methods outlined in Sec. I. It suffices to regard expression (70) as only a region of potential, so we arbitrarily begin following the roll-down of x at the value corresponding to the scale $L \approx 10$ pc, or $x_{st} \approx 0.15$. We choose to normalize our potential region at this hand-picked starting point, and fix λ with $\delta_H(10$ pc) = 3×10^{-5} , which is an arbitrary but reasonable choice. Expression (4) then requires $\lambda \approx 6 \times 10^{-10}$. When the field first reaches the plateau region, it is moving too fast to obey the slow-roll conditions, and we are forced to obtain the form of δ_H by solving (1),(2) numerically. We also use the more exact behavior $\delta_H \propto H^2/\dot{x}$. The plateau region is so flat, however, that the friction of the expansion slows the field down very quickly. The magnitude of δ_H grows as x slows down and continues to grow until \dot{x} reaches its lowest value, corresponding to a peak in power, and also corresponding to the beginning of a second slow-roll regime. (Note that this potential provides two periods of inflation with only one inflaton.) Numerically, we find that the peak in power occurs when $x_* = -1.23 \times 10^{-2}$. The height of the peak is then

$$\delta_H(x_*) \sim \sqrt{\lambda} \frac{\tilde{V}^{3/2}}{\tilde{V}'}(x_*) \sim 0.05. \quad (71)$$

We show the density perturbation spectrum at horizon crossing associated with this region in Fig. 4, and see that the peak in power corresponds to the creation of $\sim 1 M_\odot$ black holes.

The modes which will eventually be responsible for PBH production pass outside of the horizon at the epoch x_* . Since we are only interested in calculating the non-Gaussian behavior associated with these modes, we evolve the stochastic equation from $x_* \rightarrow x_{end}$ to determine the relevant probability distribution. For this model, the end of inflation occurs when the first slow-roll condition breaks down: $\left| \frac{\tilde{V}''}{24\pi\tilde{V}} \right| \approx 1$, and corresponds to $x_{end} = -1.55 \times 10^{-2}$.

The stochastic equation (29) in the new notation is

$$\dot{x} = \frac{-\sqrt{\lambda}\tilde{V}'}{3\tilde{H}} + \frac{\lambda^{3/4}\tilde{H}^{3/2}}{2\pi}g(t). \quad (72)$$

Note the relative sizes of the drift and diffusion terms in the evolution of x . In most cases, the higher power of λ in the diffusion term means that quantum fluctuations play a very minor role in the dynamics of x , resulting in nearly Gaussian statistics. But in this example, the drift term (\tilde{V}') is very tiny over the region of interest, and the two terms become of more equal weight, increasing the likelihood of non-Gaussian statistics.

Over the range of interest, $|x| \sim 10^{-2}$, so to a high degree of accuracy, $\tilde{V} \approx 1$, and we have a case of constant diffusion. On the other hand, the drift force is small and very non-linear: $\tilde{V}' = 8.4 \times 10^{34}x^{20}$. This situation is very much like the last example presented in Sec. III and the method of solution will be similar. Let us re-scale x by x_* to keep our variables of order unity: $\tilde{x} = x/|x_*|$. The path of the mean evolution is then from $\tilde{x}_* = -1$ to $\tilde{x}_{end} = -1.26$. Using $\lambda = 6 \times 10^{-10}$ in (72) we have our stochastic equation for \tilde{x}

$$\dot{\tilde{x}} = -(1.2 \times 10^{-7})\tilde{x}^{20} + (7.8 \times 10^{-6})g(t). \quad (73)$$

⁵This potential with a single break is similar to the double-break potential proposed by Ivanov, Naselsky, and Novikov [32] for making PBHs.

We see that the small value of \tilde{V}' gives the quantum diffusion term a more equal weight in the dynamics. Let us do one more bit of cleaning up by rescaling the time variable $t \rightarrow t(1.2 \times 10^{-7})$ (see (49)) which gives

$$\begin{aligned}\dot{\tilde{x}} &= -\tilde{x}^{20} + ag(t') \\ a &= 2.3 \times 10^{-2}.\end{aligned}\tag{74}$$

We now mirror the method of solution presented in Sec. III.

The first step is to go to a frame moving with the classical velocity. The classical slow-roll equation is $\dot{\tilde{x}} = \tilde{x}^{20}$ and using $\tilde{x}_o = \tilde{x}_* = -1$, the classical path is

$$\tilde{x}_{cl}(t) = -[1 - 19t]^{-1/19}.\tag{75}$$

Our variable, $Z(\tilde{x}, t)$, will remain constant along $x = x_{cl}$

$$Z(\tilde{x}, t) = [19t - \tilde{x}^{-19}]^{-1/19}\tag{76}$$

where we have chosen $Z(x_{cl}(t), t) = -x_o = 1$. The stochastic equation for Z is then diffusion-only by design

$$\dot{Z} = -\left(\frac{Z}{\tilde{x}}\right)^{20} ag(t),\tag{77}$$

and approximating $\tilde{x} \rightarrow \tilde{x}_{cl}(t)$, $Z \rightarrow -\tilde{x}_o$ we have

$$\dot{Z} \simeq (1 - 19t)^{20/19} ag(t).\tag{78}$$

Now, with one more change of variables we can scale away the time dependence multiplying $g(t)$. Let

$$\tau = \frac{1}{59} \left(1 - (1 - 19t)^{59/19}\right),\tag{79}$$

so that we are left with an equation exactly like (32)

$$\dot{Z} = ag(\tau).\tag{80}$$

The probability distribution, $P(Z, \tau)$, follows from (35), and we change variables back again to obtain the distribution of interest:

$$P(\tilde{x}, t) \propto \frac{1}{\tilde{x}^{20}} \exp \left[\frac{-([19t - \tilde{x}^{-19}]^{-1/19} - 1)^2}{2a^2\tau(t)} \right].\tag{81}$$

We want to evaluate the distribution at t_{end} , the time corresponding to $\tilde{x}_{cl} = -1.26$. From (75) we find $19t_{end} = 0.9876$ and from (79) we have $\tau(t_{end}) \simeq 1/59$. Plugging in these values along with $a = 2.3 \times 10^{-2}$, we have the final distribution of fluctuations:

$$P(\tilde{x}) \propto \frac{1}{\tilde{x}^{20}} \exp \left[-K \left([19t_{end} - \tilde{x}^{-19}]^{-1/19} - 1 \right)^2 \right],\tag{82}$$

where $K = 5.6 \times 10^4$. The distribution is plotted in Fig. 5 along with the results of a numerical simulation for this same potential. For our simulation, we started with the stochastic equation (72) and made no approximations. We used the Box-Muller method [33] to transform uniform deviates into random Gaussian deviates to mimic the stochastic force. The numerical results consist of 4×10^4 individual runs of the Langevin equation, and we have normalized the height of our calculated distribution to fit this number. We see that the calculated distribution (82) agrees well with the numerical results.

The distribution of fluctuations is clearly non-Gaussian. In Fig. 6 we have plotted our analytic distribution (82) along with two Gaussians that one may wish to compare it to: one with the same mean and standard deviation as our distribution, and one with the same height and width at half maximum as the peak in our distribution. We see that the true distribution is under-producing large fluctuations compared with either of the Gaussians. Now, for PBH production under the Gaussian assumption, we are concerned with fluctuations on the tail of the distribution $\sim 6\sigma$. The calculated distribution differs so drastically from the Gaussian assumption at this distance from the mean, that we can only compare them on a log scale. Fig. 7 shows distribution (82) along with the two Gaussian comparisons

in units of the standard deviation from the mean. As the more conservative choice, we use the σ associated with the Gaussian fitted to the peak of (82). Observe that the Gaussian assumption would vastly over-produce PBHs, with an error of order $\sim 10^{150}$ at 6σ ! This model was designed to give us a large number of PBH's using the Gaussian assumption, but upon examining the distribution more closely, we see that the actual production is practically *zero*. We, as inflation designers, are forced to make an even higher spike in small-scale power if we want PBH production. Note also that as the spike becomes higher, the drift term becomes smaller, and the distribution will tend to skew even more towards small fluctuations.

B. Wiggle Potential

Our second potential which produces significant small-scale power is one with a wiggle in the path of the inflaton

$$\tilde{V} = 1 + [136.717]x^3 - 0.05x \quad (83)$$

as shown in Fig. 8. We start our evolution at $x(L = 10^4 \text{ Mpc}) = 2.6$, and since slow-roll is obviously invalid over the dip, we integrate (1),(2) to obtain the spectrum of $\delta_H(L)$ shown in Fig. 9. Normalizing at $x = 2.6$ to COBE gives $\lambda \sim 5 \times 10^{-14}$. We have adjusted the wiggle to make the field slow down dramatically just after the top of the bump ($x_{top} = -1.0411 \times 10^{-2}$) which produces a large spike in power corresponding to the $\sim 10^{28} \text{ g}$ mass scale. We find the slow-point to be $x_* = -1.10448 \times 10^{-2}$, which is also the beginning of a second slow-roll epoch of inflation. The height of the peak is $\delta_H \sim \sqrt{\lambda} \frac{\tilde{V}^{3/2}}{V'}(x_*) \approx 0.01$, the order of magnitude we need for PBH production.

After the field slows down at x_* , inflation continues until $x_{end} \sim -0.1$. This is the path of interest for estimating the distribution of fluctuations. Let us again set our notation before writing down the Langevin equation. For the analytic calculation we use $\tilde{V} \approx 1$ over the range of interest⁶ and also scale x by $\tilde{x} = x/x_{top}$, such that $\tilde{x}_{top} = -1$ corresponds to the top of the wiggle ($\tilde{V}'(\tilde{x} = -1) = 0$). Using this notation, the starting point is $\tilde{x}_* = -1.00033$ and we want to follow the evolution until $\tilde{x}_{end} \sim -9$. The potential in terms of \tilde{x} is

$$\tilde{V} \approx 1, \quad \tilde{V}' = 0.05[\tilde{x}^2 - 1]$$

and the stochastic equation for \tilde{x} follows

$$\dot{\tilde{x}} = -(1.2 \times 10^{-7})(\tilde{x}^2 - 1) + (7.5 \times 10^{-9})g(t). \quad (84)$$

As before, we clean things up with a new time scale $t \rightarrow t(1.2 \times 10^{-7})$, which gives us

$$\dot{\tilde{x}} = -(\tilde{x}^2 - 1) + ag(t), \quad a = 2.2 \times 10^{-5}. \quad (85)$$

We want to use the same trick and factor out the drift term by changing to a variable which is constant along the classical path. We solve $\dot{\tilde{x}} = -(\tilde{x}^2 - 1)$ to obtain the classical solution with the initial value $\tilde{x}_{cl}(t = 0) = \tilde{x}_* = -1.00033$ and obtain

$$\tilde{x}_{cl}(t) = \coth(t - 4.35). \quad (86)$$

Following the methods outlined in Sec. III, the new variable, $Z(\tilde{x}, t)$, is

$$Z(\tilde{x}, t) = \coth[\coth^{-1}(\tilde{x}) - t] \quad (87)$$

where

$$Z(\tilde{x}_{cl}(t), t) = \tilde{x}_*. \quad (88)$$

The stochastic equation for Z is then

$$\dot{Z} = a \frac{Z^2 - 1}{\tilde{x}^2 - 1} g(t). \quad (89)$$

⁶This approximation is very good at x_* but is off by $\sim 10\%$ at the end of inflation. However, since the field spends most of its evolution time near x_* , this approximation should be fine.

If we use the approximation $\tilde{x} \rightarrow \tilde{x}_{cl}(t)$, $Z \rightarrow \tilde{x}_*$ we have

$$\begin{aligned}\dot{Z} &= \frac{a(\tilde{x}_*^2 - 1)}{\coth^2[t - 4.35] - 1} g(t) \\ &= \sinh^2[t - 4.35] b g(t),\end{aligned}$$

where $b = 1.47 \times 10^{-8}$. Now we want to change to a new time coordinate, $\tau(t)$, which will leave us with a simple diffusion equation. The requirement is

$$\frac{d\tau}{dt} = \sinh^4[t - 4.35], \quad (90)$$

or

$$\tau(t) = C + \frac{3}{8}[t - 4.35] - \frac{1}{4} \sinh[2(t - 4.35)] + \frac{1}{32} \sinh[4(t - 4.35)], \quad (91)$$

where $C = 5.6 \times 10^5$ demands that $\tau(t = 0) = 0$. So the variable $Z(\tilde{x}, \tau)$ obeys simple diffusion by design

$$\dot{Z} = b g(\tau) \quad (92)$$

and has a Gaussian probability distribution with mean $\bar{Z} = \tilde{x}_*$ and $\sigma^2 = b^2 \tau$. Now, as discussed earlier, we simply perform the reverse transform $Z \rightarrow \tilde{x}$, $\tau \rightarrow t$ to obtain the distribution of inflaton fluctuations:

$$P(\tilde{x}, t) \propto \left(\frac{1}{\tilde{x}^2 - 1} \right) \exp \left[-\frac{(\coth(\coth^{-1}(\tilde{x}) - t) - \tilde{x}_*)^2}{2b^2 \tau(t)} \right]. \quad (93)$$

We want to evaluate the above expression at the time $t_{end} = 4.24$, when the classical path reaches $\tilde{x}_{end} = -9$. Equation (91) gives us $\tau(t_{end}) \approx C$ and plugging in all of these values we have the final probability distribution

$$P(\tilde{x}) \propto \left(\frac{1}{\tilde{x}^2 - 1} \right) \exp \left[-K (\coth(\coth^{-1}(\tilde{x}) - 4.24) + 1.00033)^2 \right], \quad (94)$$

with $K = 4.1 \times 10^9$. As in the previous example, we have simulated this distribution numerically using no approximations, and we plot the two together in Fig. 10. We have normalized (94) to the simulation height. We see again that the derivation does quite well, and the distribution has a deficit of large fluctuations relative to a Gaussian. The distribution is skewed negative again since the drift term $\sim V'$ and $V'' < 0$. Negative fluctuations tend to fall down the hill more quickly than positive ones. There is no need to do another explicit comparison to a Gaussian distribution since if the distribution is clearly non-Gaussian to the eye, then the high- σ tail will be exponentially worse.

C. Cliff Potential

For our last example we present a potential region which flattens out to achieve large power in the form of a blue spectrum, and then has a cliff-like feature where the slope abruptly becomes much steeper. Consider the region of potential, shown in Figure 11, given by

$$V = \lambda m_{pl}^4 \begin{cases} \cos^{-2}[1.5x] & x > 0.00004 \\ (2.7)^{-4}[x + 2.7]^4 & x < 0.00004. \end{cases} \quad (95)$$

For $x > 0.00004$ we use a form suggested by Hodges and Blumenthal [10] which gives us $\delta_H \sim (L/L_o)^{-n}$, $n \simeq 0.18$. The highest amplitude in power, corresponding to the flattest region of the potential and PBH formation, occurs at $x_* = 0.00004$, after which the slope increases abruptly as a “ ϕ^4 ” form ends inflation. Since we are interested in fluctuation statistics which depend only on the nature of the potential from $x_* \rightarrow x_{end}$, the “small V ” argument does not apply to encourage non-Gaussian statistics in this case. Using $\lambda \sim 3 \times 10^{-11}$ we obtain the power spectrum shown in Fig. 12. The highest point in density is $\delta_H \sim 0.04$ and corresponds to $\sim 10^{20}$ g PBH’s.

As we mentioned before, the region of interest for calculating the probability distribution has quartic form. Recall that we have already calculated the distribution for the quartic case in Sec. III (53) so our job is nearly done. In

order to make things look more familiar, define $y \equiv x + 2.7$, $\lambda' = 4\lambda/(2.7)^4 \sim 2. \times 10^{-12}$, such that we have the more standard form

$$V(y) = \frac{\lambda'}{4} y^4, \quad (96)$$

and we are interested in the path from $y \approx 2.7$ to $y_{end} \approx 0.4$. Now, letting $\lambda \rightarrow \lambda'$ and $x \rightarrow y$ in (53) we have the fluctuation distribution we need

$$P(y) \propto y^{-3} \exp \left[-\frac{(y^{-2} - y_{end}^{-2})^2}{2\sigma^2} \right], \quad (97)$$

$$\sigma^2 = \frac{\lambda'}{3} [(y_*/y_{end})^4 - 1].$$

From the discussion following (53), we know that $P(y)$ is skewed positive, but we also know that the amount of skewness depends on the value of σ^2 . In this case, non-Gaussianity is negligible due to the extremely tiny value of λ' . In order to see the lack of skewness in a quantitative way, let us borrow a measure proposed by Yi, Vishniac, and Mineshige [11]. This simple estimate for skewness is the ratio

$$R \equiv \frac{P(y_{end} + N\sigma_{eff})}{P(y_{end} - N\sigma_{eff})} \approx \exp \left[N^3 \sqrt{3\lambda'/4} (y_*^4 - y_{end}^4)^{1/2} \right] \approx \exp [N^3 (10^{-5})] \quad (98)$$

where σ_{eff} , the number of effective standard deviations from the mean, was given in (56), and N measures the size of the fluctuation. We see clearly that the small value of λ' tends to force $R \rightarrow 1$ and prevent skewness. But a large value of N (e.g. a large fluctuation) will compete with this effect and give a skewing effect. For our potential (94) we have chosen the largest value of $\lambda \rightarrow \lambda'$ possible to be consistent with the gravitational wave constraint $\tilde{H} \sim 10^{-5}$. However, even with the large fluctuation we need for PBH formation, $N \sim 10$, expression (97) implies that the skew is only 1%. Suppose, for example, that we did ignore the gravity wave constraint ⁷ and push the value of λ' up to $\sim 10^{-9}$. The ratio (97) would then give us a $\sim 20\%$ effect at $N = 10$. Thus even for potentials with “normal” shapes, non-Gaussianity may be important due to the rare large fluctuations associated with PBH production.

V. CONCLUSION

We have argued that the very conditions associated with PBH formation:

1. Large spikes in power, usually associated with flat potential regions
2. Rare, many- σ fluctuations

are exactly the same conditions which can produce significant non-Gaussian fluctuations. Flat potential regions promote the importance of quantum fluctuations in the inflaton dynamics and encourage the mode-mode coupling responsible for non-Gaussian statistics. On top of this effect, many- σ fluctuations push us out to the tail of the probability distribution, where any intrinsic skewness will be amplified. We have quantified this intuition with several toy models that produce the small-scale power associated with PBH production, and have used the stochastic slow-roll equation to obtain the fluctuation distributions. Our examples clearly illustrate that the Gaussian assumption can lead to large errors in the calculated number density of PBH’s, and that the nature of the non-Gaussian distribution is extremely model dependent.

Specifically, for models with spikes in small scale power, the fluctuation distributions were skewed towards small fluctuations, under-producing PBH’s by many orders of magnitude relative to the Gaussian assumption. The negative skewing in these examples came from mode-mode coupling due mainly to non-linear drift, which encouraged negative fluctuations to fall down the hill faster than positive ones ($V'' < 0$) ⁸. Because the fluctuation statistics depend on the path of the inflaton *after* it passes the flattest region of the potential, we were even able to construct an example where the Gaussian assumption holds, simply by forcing a dramatic increase in V' (a “cliff”) just after the peak in power.

⁷Note that we can easily adjust our potential region to obtain the appropriate small scale power with a new value of λ .

⁸A potential region which tends to “cup” the inflaton ($V'' > 0$) after the flat region may produce positive skewing.

One may regard such a cliff region as unnatural, but it does illustrate the model-dependent nature of distribution shapes.

These results have several important implications and we discuss each briefly. First, the standard approach for limiting the initial fraction of PBH's, β , and limiting the spectrum of initial density perturbations (see Sec. II) must be reconsidered. Because of the model-dependent nature of the distributions, it is not possible, as in the standard practice [4], to use PBH over-production to limit generic inflationary power spectra. Correspondingly, it is not possible to determine the number of PBH's produced from the power spectrum alone. We can use our toy models to exemplify what might happen in various cases. For models with spikes in power, like our plateau and wiggle examples, fluctuation distributions will probably skew towards small fluctuations and under-produce large fluctuations relative to the Gaussian case. Many- σ fluctuations then will be much less likely, and PBH production in these models will require an even higher spike in power. Then magnitude limits on spikes in power to prevent PBH over-production will be less stringent than the limits obtained using Gaussian statistics. We also point out that the formation of any PBH's at all without over-producing them will require an even more drastic fine-tuning than in the Gaussian case. The fine-tuning must be more precise because the large fluctuation tails in these models are much steeper than a Gaussian tail. So small changes in fluctuation size will cause a larger change in the probability of having such fluctuations.

Our results also affect the use of PBH over-production to rule out or limit the parameter space of specific inflationary models. For example, authors employ PBH over-production to constrain the slope of blue perturbation spectra from inflation (see [23]). All such examinations use the Gaussian assumption, and limit models without regard to the shape of the potential after the power reaches its maximum height. But the amount of PBH production, and hence constraints on δ_H and the slope of the spectrum, depend crucially on the nature of the fluctuation distribution and hence on the shape of the potential between the region of PBH formation and the end of inflation. Our "cliff" potential toy model actually recovers the Gaussian approximation, but only because the slope of the potential increases dramatically just after the region of high power associated with PBH production. However, with a more rounded potential shape after the peak instead of a cliff, non-Gaussian fluctuations will be much more likely. PBH over-production is also important for constraining parameter space in hybrid inflationary models due to associated spikes in small-scale power [5,6]. Again, our toy models indicate that spikes in power are associated with PBH under-production relative to the Gaussian case. However, without further investigation of multiple-field PBH production models, the validity of our intuition from single-field examples remains unclear ⁹.

Authors occasionally investigate the possibility of PBH formation associated with a soft equation of state during a $p = 0$ "dust like" epoch [34,23]. Dust era PBH formation would be important if the universe underwent an early $p = 0$ stage (before the usual matter-dominated epoch). Conceivably, such a dust stage could occur due to some as yet unknown physics (e.g. possibly due to coherent inflaton oscillation during reheating [35]). For dust era PBH formation, the major criterion for PBH collapse is that the initial perturbations be non-rotating and spherically symmetric [34,23], and the probability for spherical geometry typically increases with the amplitude of a fluctuation. Again the associated power spectra must have excess power on small scales to achieve substantial PBH production, and the fluctuation distributions will typically be non-Gaussian. But the tails of probability distributions are not so important to the analysis since rare large-amplitude fluctuations are not all that is important here, but also spherical ones. Thus the value of β will depend mainly on (the rms) δ_H , with only a weak dependence on the shape of the distribution. Compared to PBH formation during the radiation dominated era (where, as we have shown, the distribution is very important and non-Gaussianity can shift β by many orders of magnitude), the effect of non-Gaussianity on dust era formation should be much smaller.

Finally, we discuss our results in the context of PBH formation associated with the QCD phase transition. Jedamzik [2] points out that PBH formation due to a first order QCD phase transition would be roughly consistent with $\sim 0.5M_\odot$ MACHO's, since this is roughly the total mass-energy inside the horizon during the QCD epoch. However, even if the QCD transition is first order, the minimum δ_H for PBH formation at this mass scale will be lessened by at most a factor of order unity, for the following reason. During the epoch of the first order phase transition, the effective velocity of sound drops to zero, and with it the Jeans mass. Thus density perturbations which cross inside the horizon at the beginning of the epoch can begin to grow. But the duration of the phase transition is quite short. Fluctuation amplitudes on this scale will be enhanced slightly relative to the standard case before the universe again achieves a hard equation of state. If the fluctuation amplitude at this time is as large as $\delta \sim 1/3$ then PBH formation can occur. So the minimum value of the initial δ_H at horizon crossing is reduced, but only by a factor of order unity (see [36] for a more complete discussion of perturbation growth during this epoch). This slight increase

⁹An analytical examination of multiple field models may prove to be too difficult, but numerical simulation is always possible.

in the PBH mass function would be important if PBH production were marginally possible over some range of mass scales. PBH formation would then be enhanced for masses around $\sim 0.5M_{\odot}$, which could perhaps explain why this mass range of MACHO's is observed. But in order to achieve PBH formation at the QCD mass scale, we still must have large-amplitude fluctuations at this wavelength, so our arguments for non-Gaussianity still apply. Moreover, any non-Gaussianity in the fluctuation distribution should be important, since PBH formation is again associated with rare fluctuations, and therefore quite dependent on the shape of the distribution far from the mean.

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FIG. 1. The unnormalized probability distribution (42) for the driftless ϕ^4 example, where $x \equiv \phi/m_{pl}$. We use the the value $x_o = 1$ arbitrarily and pick $C^2t = 1$, which is unnaturally large, in order to demonstrate the intrinsic non-Gaussianity resulting from non-linear diffusion.

FIG. 2. The unnormalized probability distribution (69) for the non-linear drift example. We have used $\sigma^2 = 0.02$. Note that the non-linear drift has caused negative skewing, in contrast to Fig. 1, due to the tendency for negative fluctuations to fall down the hill more quickly than positive ones.

FIG. 3. The plateau potential (70): $\tilde{V}(x > 0) = 1 + \arctan(x)$, $\tilde{V}(x < 0) = 1 + 4 \times 10^{33}x^{21}$, where \tilde{V} is defined to be dimensionless and of order unity, $\tilde{V} \equiv V/(\lambda m_{pl}^4)$. This potential produces the fluctuation spectrum shown in Fig. 4 and the distribution of fluctuations shown in Fig. 5.

FIG. 4. The spectrum of density fluctuations at horizon crossing, δ_H , associated with the plateau model (70) as a function of the logarithm of the length scale L in units of pc. The plateau region seen in Fig. 3 produces the rapid rise in power, corresponding to $\sim 10^{32}$ g PBH production.

FIG. 5. The solid line is the calculated final distribution of fluctuations (82) associated with PBH production from the plateau potential (70), Fig. 3. The dashed line is a stochastic numerical simulation of the the same model which consists of 4×10^4 points. The calculated distribution is normalized to to the number of points and bin size of the numerical result.

FIG. 6. A comparison of the calculated distribution of fluctuations for the plateau potential (70) with two Gaussian counterparts. The solid line is the analytic result (82). The dashed line is a Gaussian with the same mean and standard deviation as the calculated distribution. The short-dashed (dotted) line is a Gaussian with the same width at half maximum as the peak of the calculated distribution. Both Gaussians over-populate large fluctuations.

FIG. 7. The same curves as in Fig. 6, but on a log scale to emphasize the error in the Gaussian assumption. Again, the solid line is the probability distribution (82) associated with the plateau potential (70). The two dashed lines are possible Gaussians that we may wish to compare our distribution to (which is which is not really important.) The distributions are plotted in terms of the number of standard deviations from the mean, where we have chosen the standard deviation of the peak of the distribution as the most conservative choice. A fluctuation of $6 - \sigma$ would correspond to PBH production under the Gaussian assumption, but the actual distribution under-produces these fluctuations by $\sim 10^{150}$, resulting in almost no PBH production.

FIG. 8. The wiggle potential (83): $\tilde{V} = 1 + [136.717]x^3 - 0.05x$. The bump in the path of the inflaton causes it to slow down, producing a spike in power shown in Fig. 9.

FIG. 9. The spectrum of density fluctuations at horizon crossing, δ_H , associated with the wiggle potential (83). The high-point in power corresponds to the production of $\sim 10^{28}$ g PBH's.

FIG. 10. The solid line shows the calculated distribution of fluctuations (94) associated with the wiggle model (83). The dashed line shows the results of our numerical simulation of this model, with 4×10^4 points. The distribution (94) was normalized to the simulation number and bin size, and is clearly non-Gaussian and skewed negative.

FIG. 11. The cliff potential (95) which produces the blue spectrum shown in Fig. 12. The final distribution of fluctuations is nearly Gaussian since the slope of the potential has a sharp increase just after the spike in power (see Fig. 12).

FIG. 12. The spectrum of density fluctuations at horizon crossing, δ_H , associated with the cliff potential (95). The high-point in power corresponds to the production of $\sim 10^{20} g$ PBH's.

Fig. 1

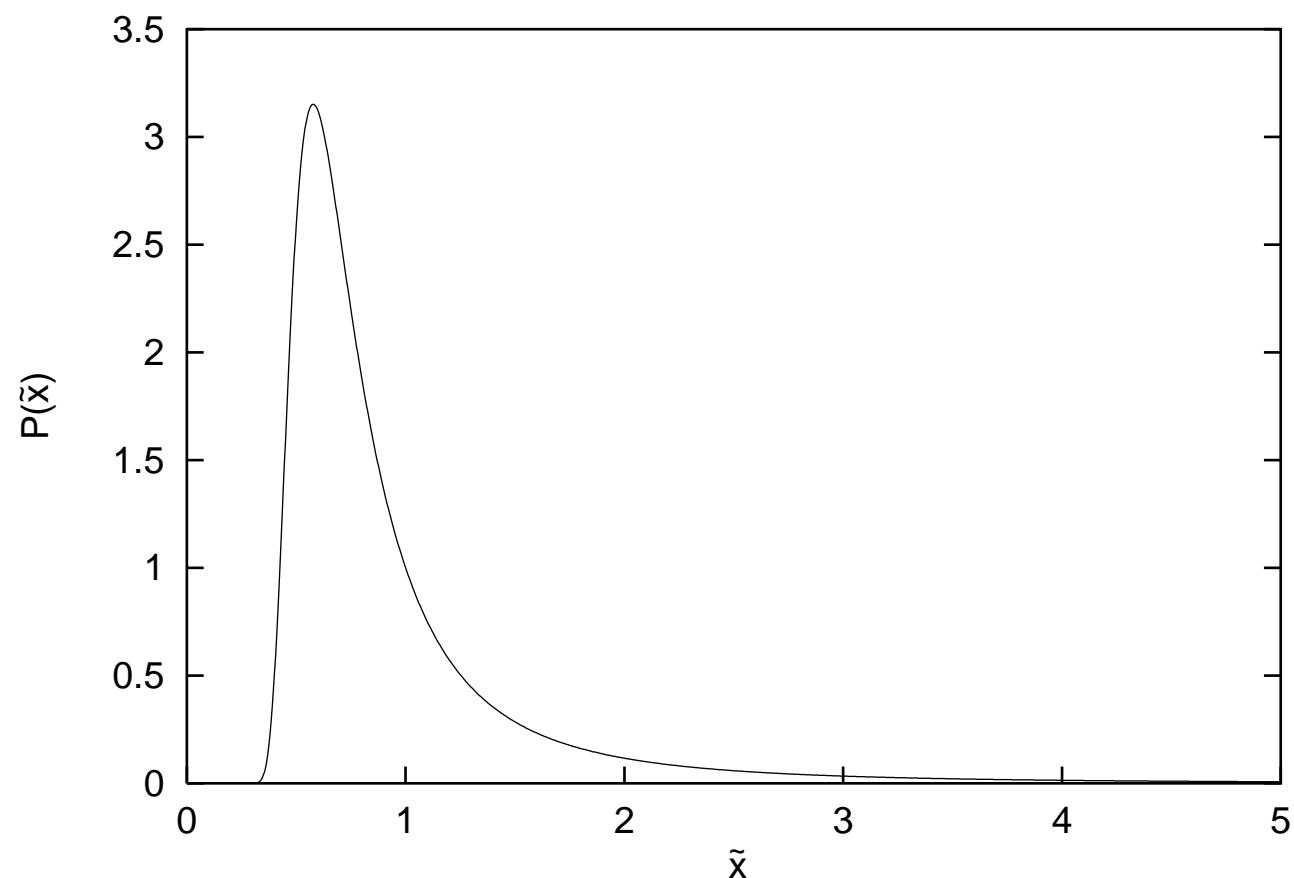


Fig. 2

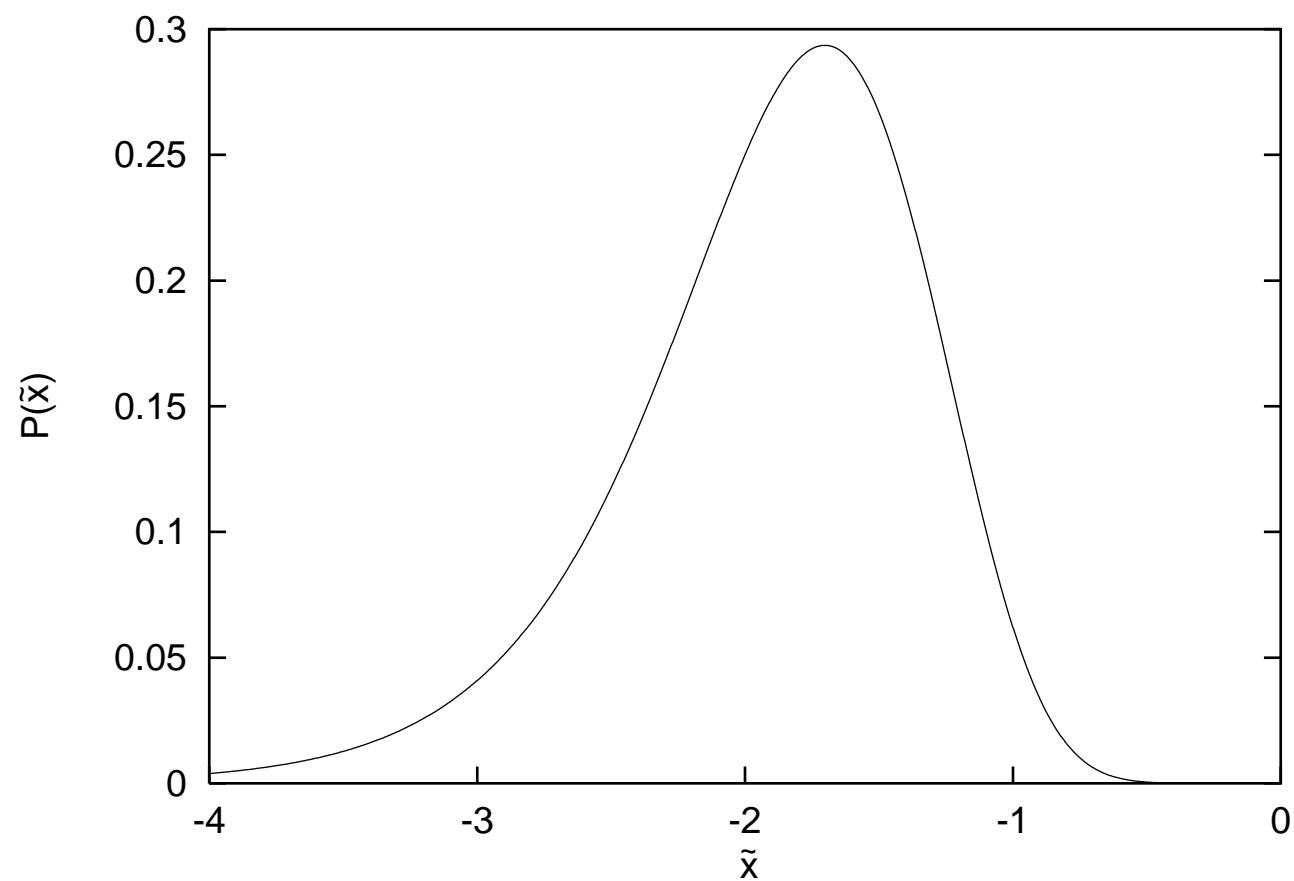


Fig. 3

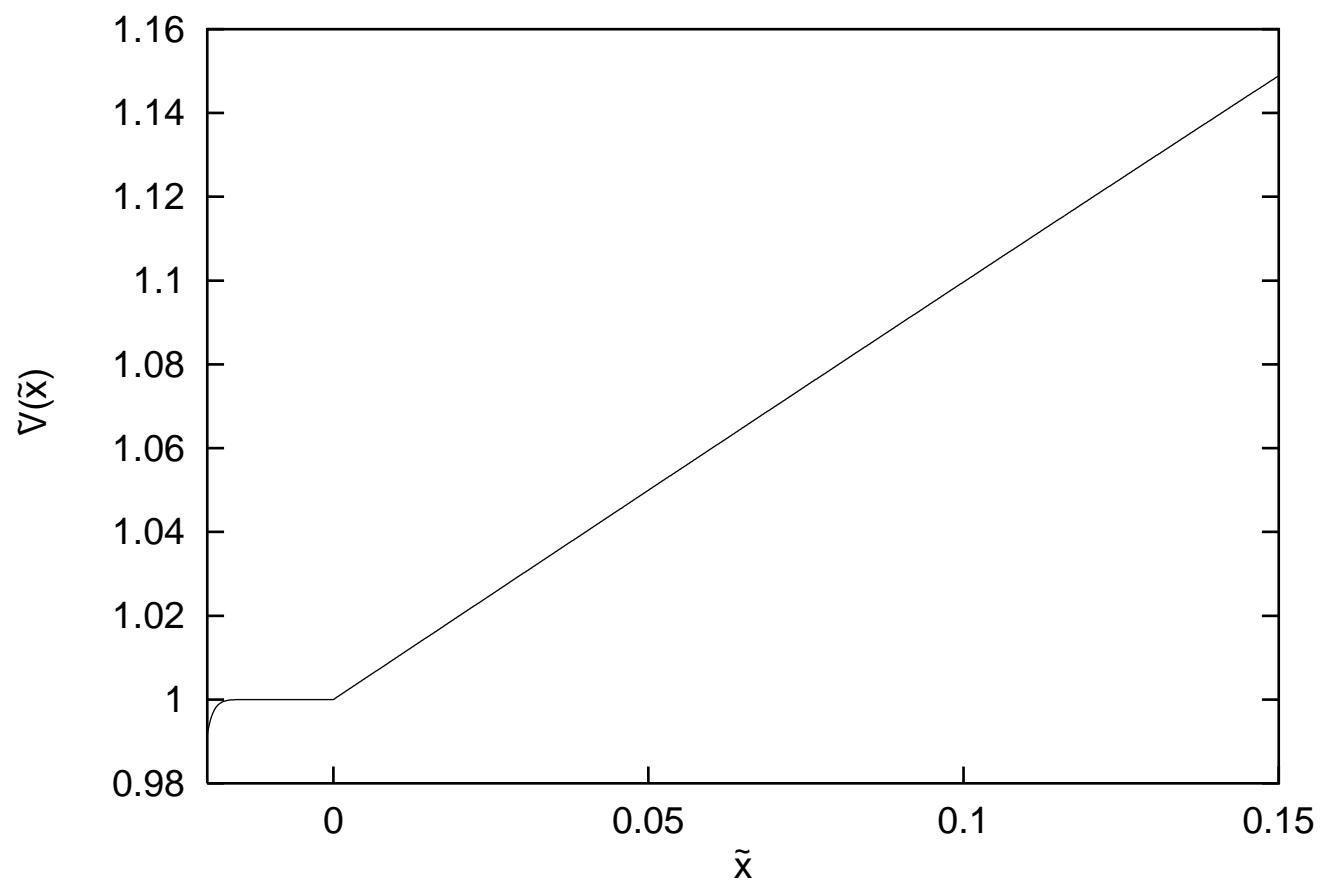


Fig. 4

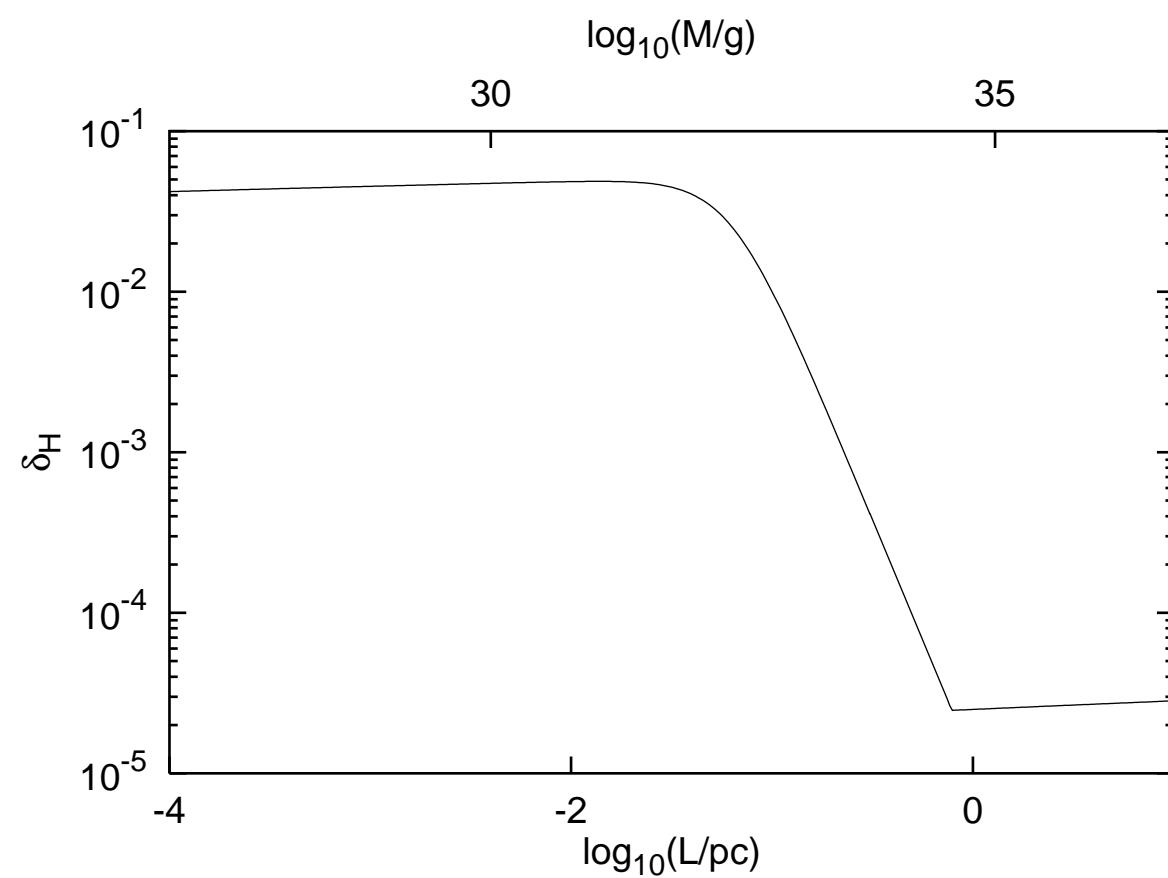


Fig. 5

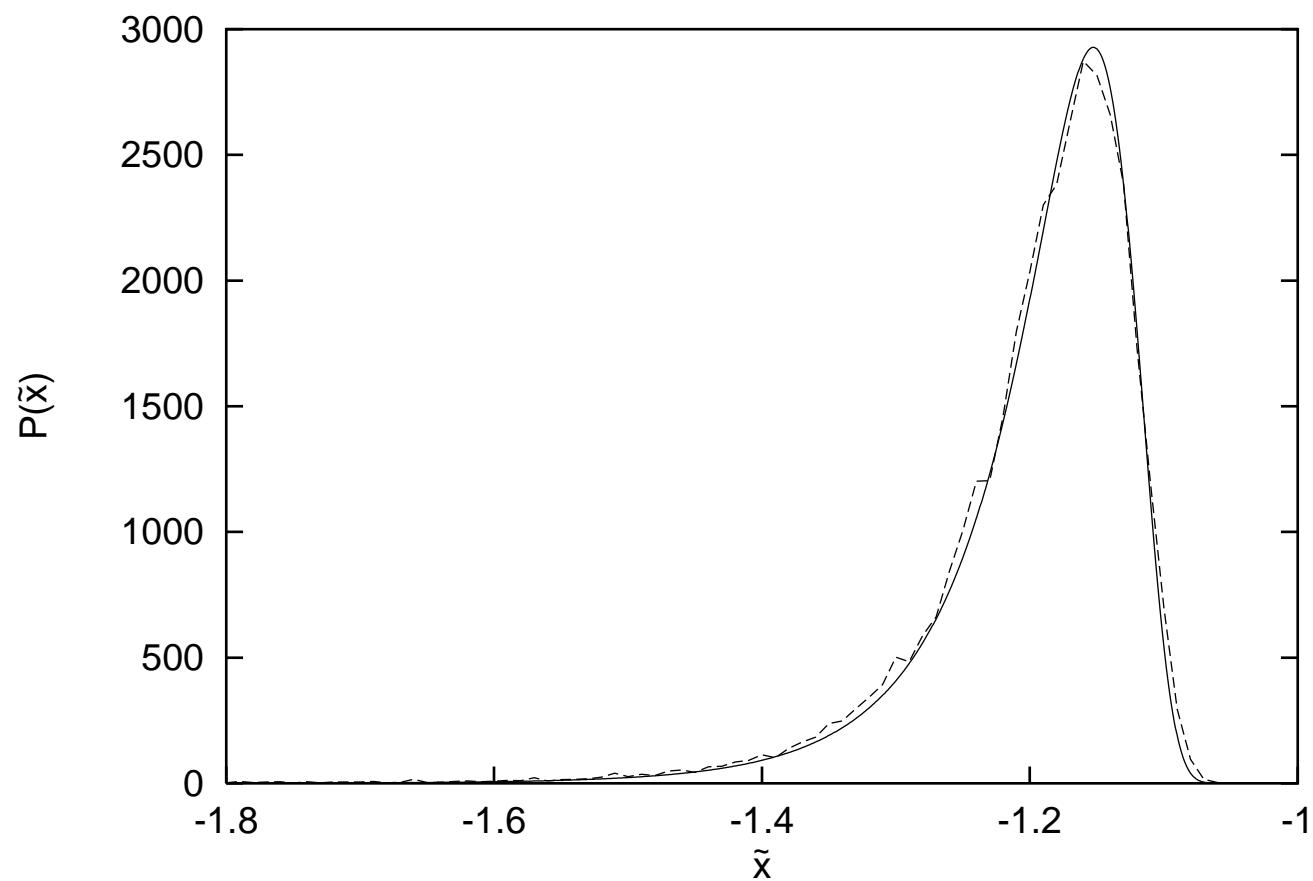


Fig. 6

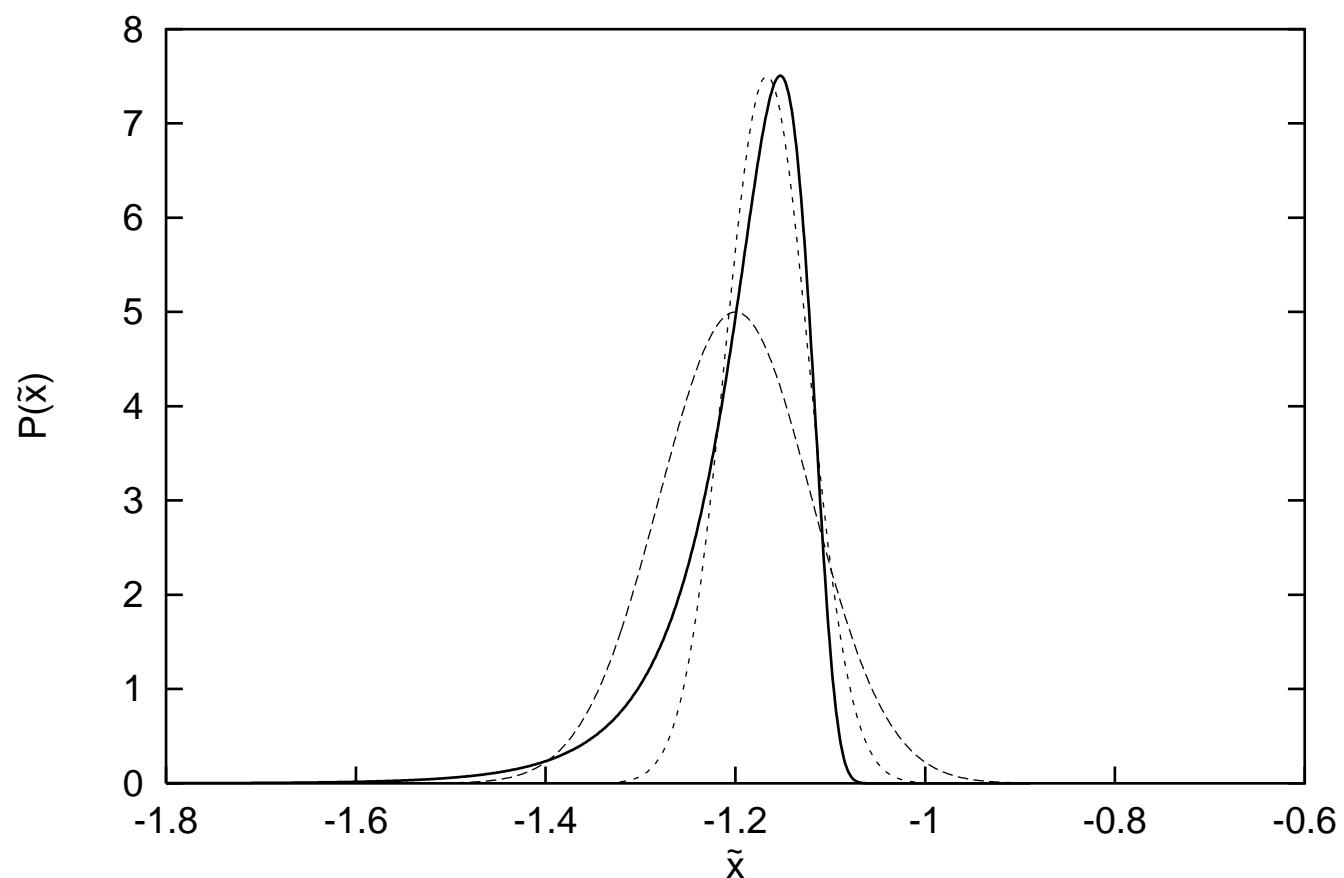


Fig. 7

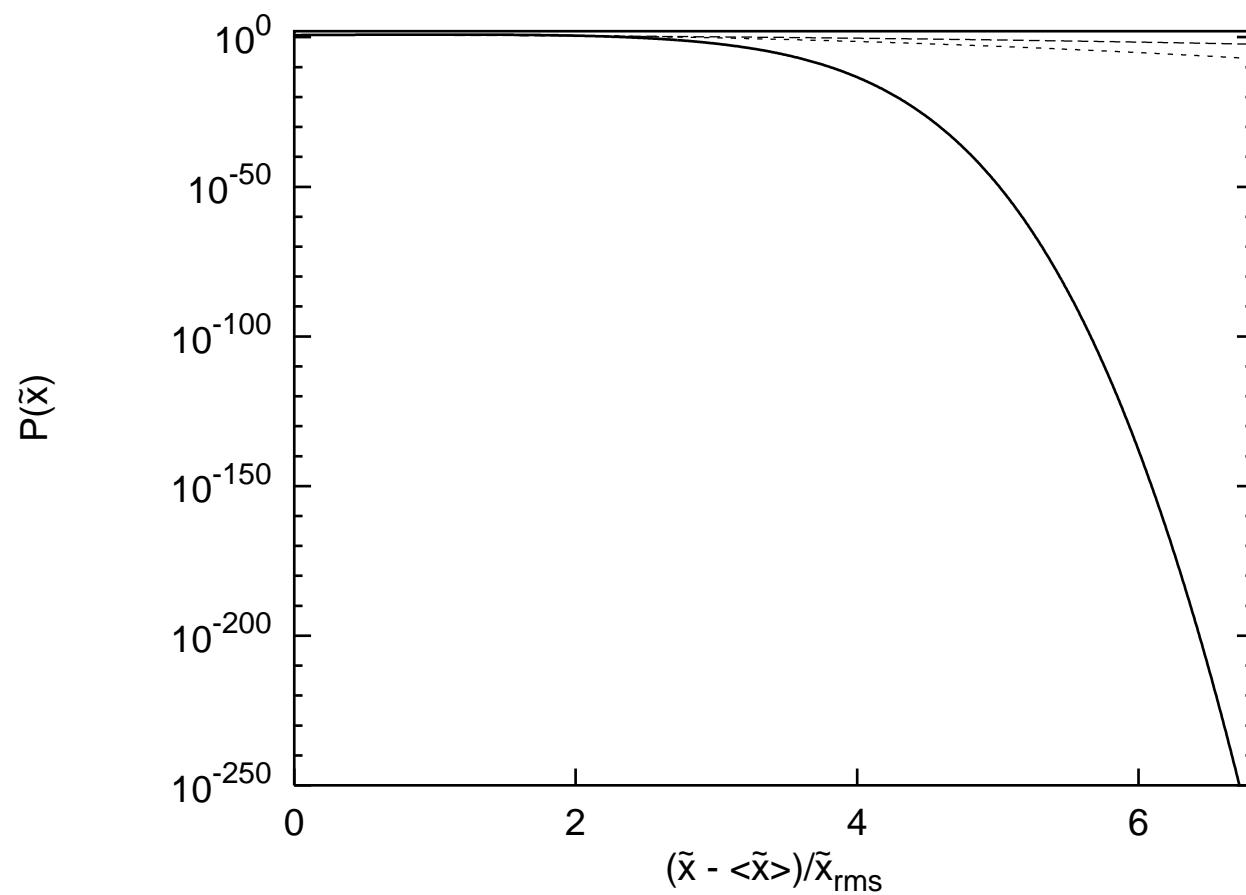


Fig. 8

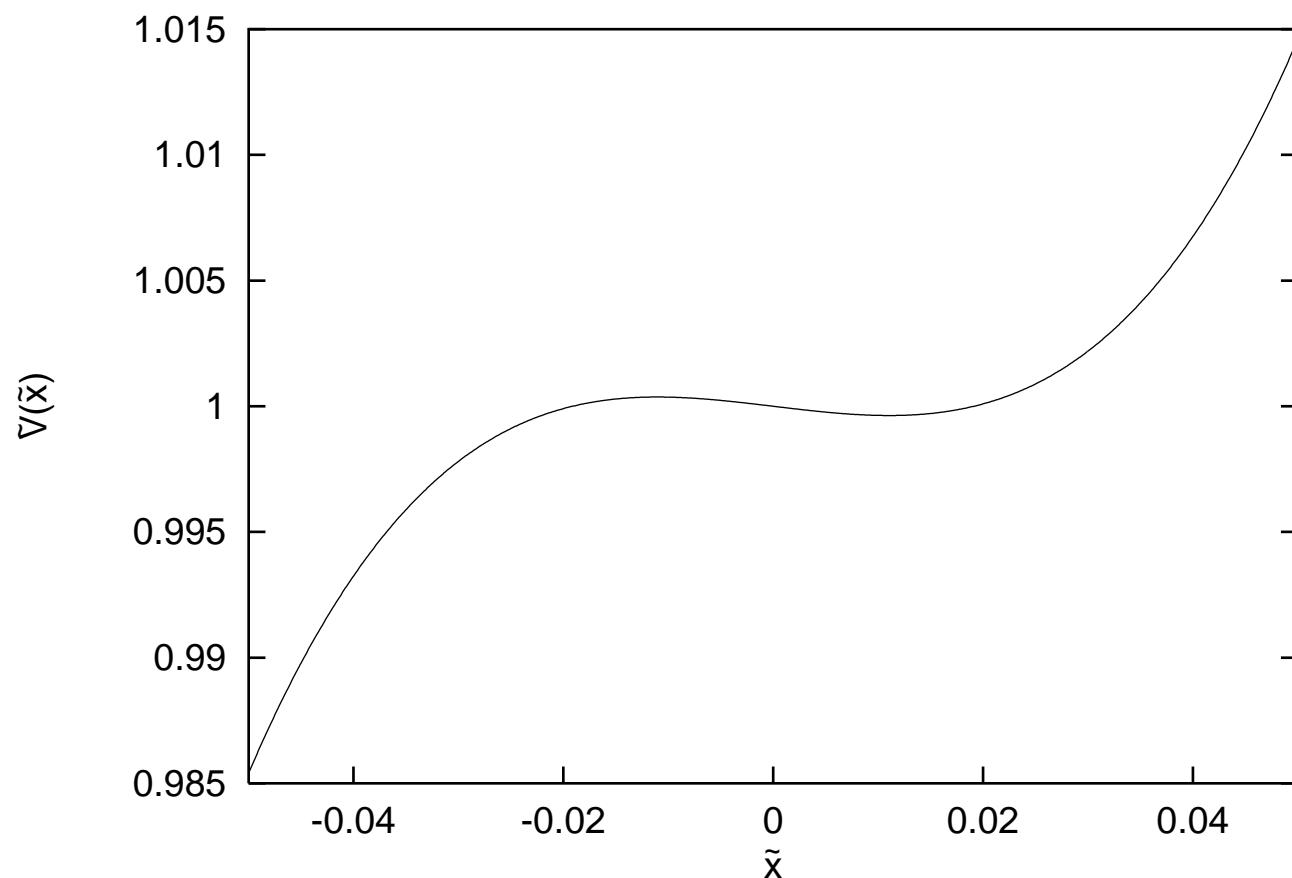


Fig. 9

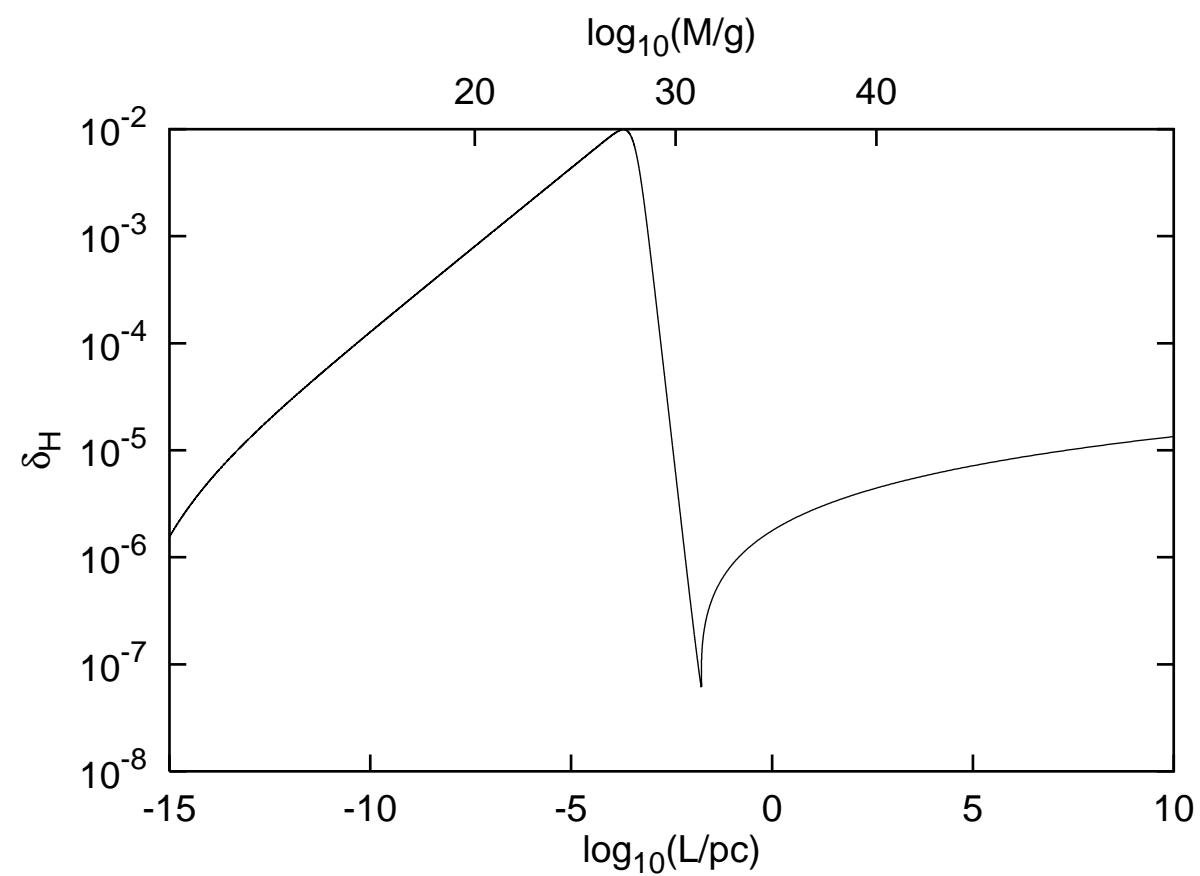


Fig. 10

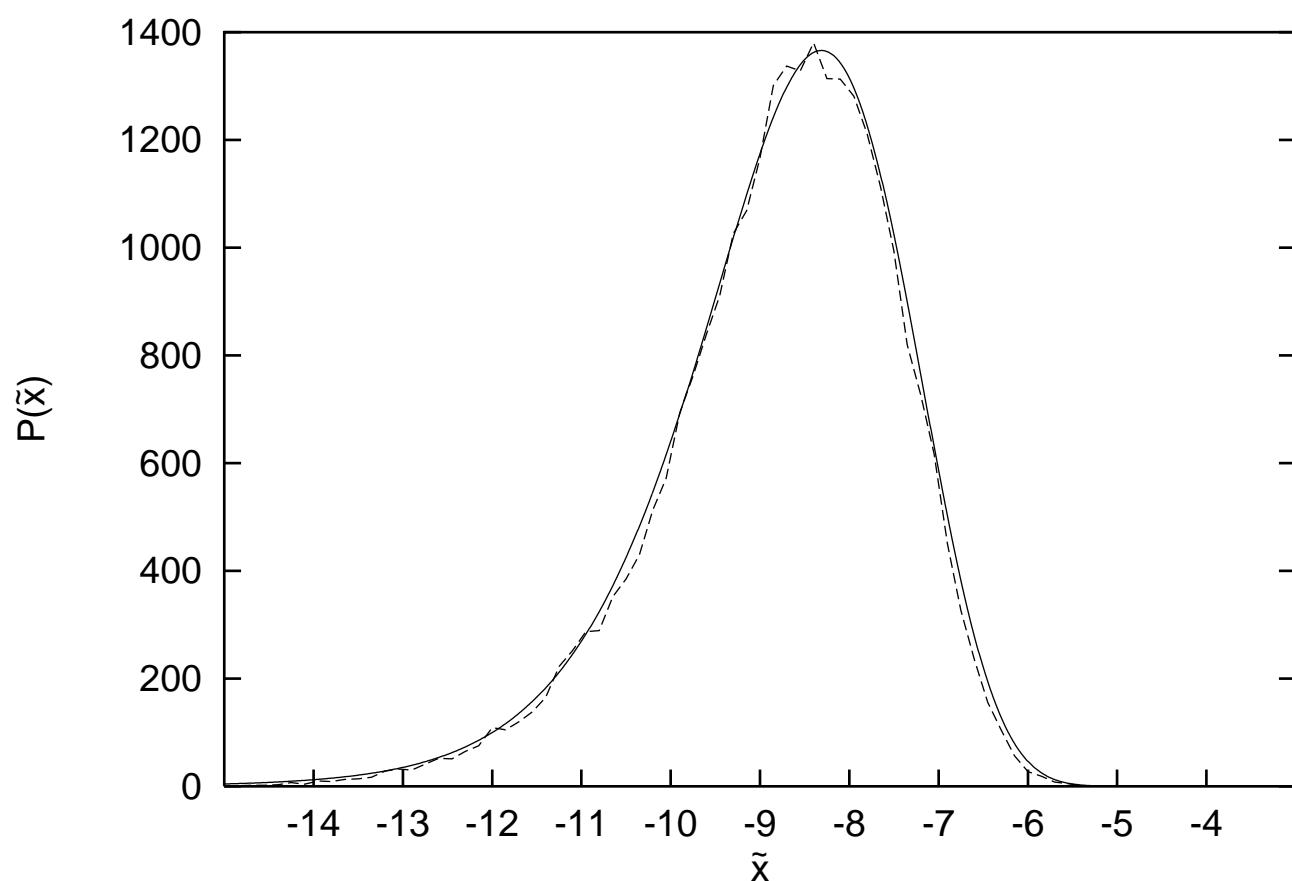


Fig. 11

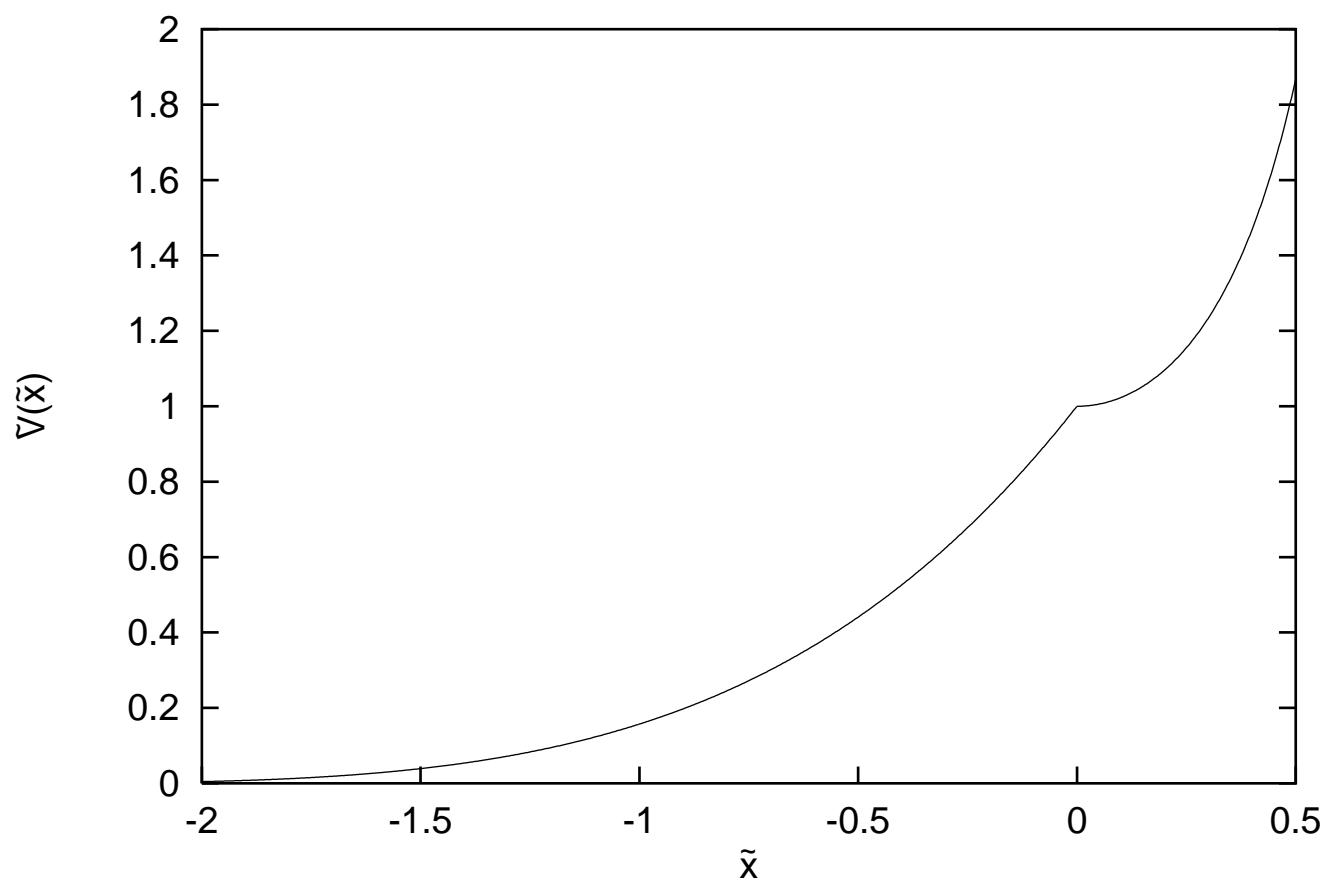


Fig. 12

